Wrangell, Alaska April 4, 2019

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12 Pages

WMC to receive new administrator as Robert Rang steps down

By Caleb Vierkant Sentinel writer

Robert Rang came on as the Wrangell Medical Center's administrator in October of 2015. The hospital was only the latest step in a three-decade career. Rang said he started his career as a CNA, and he kept on slowly rising up in the business.

He was working in Kodiak when he first heard about this job being available in Wrangell, he said.

"The opportunity opened up, it was something I was very interested in. Small town life is what my wife and I enjoy, along with all the other activities that are in this area," he said.

When he accepted the job as hospital administrator, Rang said he had four goals. In his three-and-a-half years on the job, he said he believes he has accomplished all of them. These goals were to address community concerns and the hospital's local reputation, fix the working culture within the medical center, focus on finances, and get a new hospital.

The first two goals were somewhat interconnected. The medical center had a bit of a poor reputation around town not too long ago, Rang said. Some of his employees were somewhat embarrassed to admit that they worked at the hospital, he said, and that was something they worked hard to turn around by improving the quality of care and focusing on patient experience.

"We've gotten five-star ratings with CMS, we've won numerous quality awards within the state, we've been recognized twice by U.S. News & World Report as one of the best nursing homes. Those accomplishments, although I get credit for them because I'm sitting in this office, it's the work that the team's doing," he said.

Finances were another priority for Rang, and he said it was one of the most challenging. For a long time, the Wrangell Medical Center was fully self-sufficient



We've gotten five-star ratings with CMS... Those accomplishments, although I get credit for them because I'm sitting in this office, it's the work that the team's doing."

-Robert Rang

being one of the few hospitals left in the state that could make that claim. However, he said that self-sufficiency is no longer a feasible reality for many hospitals, especially an aging one like the WMC. So, as many Wrangell residents are aware, SEARHC was brought in to take over supervision for the hospital. He got SEARHC's attention, partially, through already having a relationship with the senior executive vice president, Dan Neumeister.

"Right now the only one [self-sufficient hospital] left is Petersburg," Rang said.



really found a passion around healthcare and patient experience. Number one, they're our family and friends. I want everyone to have a positive experience, no matter the medical outcome."

- Leatha Merculieff, WMC new administrator

"For us, that's difficult when you've got a 60-year-old building and you've got unexpected expenses ... I've known Dan Neumesiter for a while, we both belong to the state hospital association, and then they were also courting AICS when they took over their operations. So it was just conversations with those guys about what they could offer us."

Money is not the only thing being affil-

iated with SEARHC brings to the table. They will also be building a new facility next to the AICS clinic on Wood Street. Rang accredited Wrangell Borough Manager Lisa Von Bargen and other members of the city, medical center, and SEARHC for bringing the deal together. The new hospital is expected to be opened in January of 2021.

After accomplishing all these goals, Rang decided that it was time for him to step down. He said that after becoming affiliated with SEARHC, his job description has changed. They were not bad changes, he said, but the job was not a real challenge for him anymore. He has decided to take on a new position as hospital administrator in Seward, and will be leaving shortly after Memorial Day weekend. He said he is very grateful for his time in Wrangell, as well as the hospital staff and the wider community for all their support.

According to a press release from SEARHC, a new hospital administrator was chosen on March 26. Leatha Merculieff began her career in healthcare in 1999 at the Alaska Native Tribal Health Consortium. She said in an interview that she was originally planning to go a more corporate route with her career, but felt that there was a real need for more Alaska Natives in the healthcare field. One of her main focuses through her career has been on improving patient experience. In 2012 she was promoted to the Alaska Native Medical Center/Alaska Native Tribal Health Consortium's Vice President of Customer Experience.

"I really found a passion around healthcare and patient experience," Merculieff said. "Number one, they're our family and friends. I want everyone to have a positive experience, no matter the medical outcome."

In 2015, she joined SEARHC as the Vice President of Executive Administration. One of the main parts of her job in this role, according to a biography provided by SEARHC, was to collaborate with executive leadership in managing patient experience. This included things like managing community relations, patient travel, communications strategies, marketing, strategic development, and many other things. She said that she is looking forward to her new position in Wrangell, and is excited to move to town.

"I've always thought Wrangell was very pretty, and the people very welcoming," she said. "The opportunity to be at a new facility is amazing."

While she has not lived in Wrangell before, she said that she does have some family connections to the area. Her grandparents lived in Wrangell, she said, and had built a house there. Her grandmother was a nurse at the old Bishop Rowe hospital, too, she added.

As the new administrator, Merculieff said she has several priorities. Overseeing construction of the new hospital is one of the top priorities, she said, but she will also be focusing on combining SEARHC and AICS staff together to prepare them for the new facility. Another priority for her, in keeping with her career-long focus on patient experience, is looking for ways to improve the medical center's services.

"I'm very excited to move to Wrangell," she said.

Mariners' Memorial holds second annual auction

By Caleb Vierkant Sentinel writer

The Wrangell Mariners' Memorial Board held its second annual auction at the Stikine Inn last Saturday evening. The auction, to raise money for a planned memorial to honor Wrangell seafarers, had over a dozen items in both a live and silent auction. Many people from across town came out to support the memorial and to bid. This was the second year in a row for the board to hold an auction.

Board Member Brennon Eagle gave the public a short update on the memorial and the organization before the auction began. So far, \$125,000 had been raised towards the memorial, he said, and the organization had 280 members. The ground was broken at the future sight of the memorial, near Heritage Harbor, last December. Eagle said that they are planning to begin construction this summer.

Mike Lockabey was the auctioneer for the evening. High school senior Helen Decker also assisted, carrying items that were up for auction around the room to let bidders have a closer look. There was a wide variety of items up for action, ranging from food, to clothing, to artwork, and much more. A coat donated by Angerman's Inc. sold for \$300 to Gary Allen. Jake Harris also won the bid on a copper art piece of a salmon with a \$500 bid.

One unique item up for auction was Mariners' Memorial Board Member John Martin. More specifically, it was Martin's skills as a handyman that were up for auction. Martin donated a maximum eight-hour work day to the highest bidder, where he said he could help out with various tasks like yard work, minor home renovations, maintenance, and other odd jobs. This item was won by Alice Rooney, with a

Another unique, and highly sought after item was a full year of seafood. Various Wrangell fishermen came together to create this auction item. Once a month, for a full year, these fishermen promised to donate a large order of seafood to the highest bidder. For example, the month of April would mean a delivery of 10 pounds of halibut and/or rock fish from John Yeager, and the month of May would be three dozen oysters from Byron Spence. The bidding was opened at \$1,000, and climbed to \$1,750 very quickly.

"If you get it for that, you should be in jail for theft," said Lockabey.

The winning bid was \$2,000, made by Shirley Wimberley. After the auction, Eagle said that between the live auction and the silent auction items, the board raised \$10,700. He mentioned that local business Sea Level Seafoods made a generous \$10,500 donation the night of the auction, as well. There were other donations made, too, he said. He and the rest of the board were very grateful for the community's generosity towards this project.

"Thanks to the people of Wrangell, our fundraising has been going really well," he said.

Birthdays & Anniversaries

The Sentinel extends its best wishes to the persons listed on the Wrangell Chamber of Commerce Community Scholarship Birthday Calendar.

Thursday, April 4: Tracy Churchill, "Sophie" Cummings, Eddie Rilatos III, Suzie Byford, Jeff Good. Anniverary: Steve & Cori Prunella, Deed & Chris Gillen, Bruce & Christie Jamieson. Friday, April 5: Elias Decker, Daniel Powers, Katherine Byrd, Lucas Messmer, Darren Shilts, Bejay Powell, Stephanie Cook. Saturday, April 6: Kyla McChargue, Joe Mork. Anniversary: Randy & Jeannie Easterly, Elmer & Marilyn Mork. Sunday, April 7: Cori Robinson, Cooper Powers. Anniversary: Brad & Tawni Fitzgerald, Damon & Eva Roher, Levi & Ashley Powers. Monday, April 8: Matthew Edgley, Nova Ward, Deveril Bloom, "Chica" Jamieson, Troy Reading. Anniversary: Jeff & Christy Good. Tuesday, April 9: Kiara Harrison, Kathy Dow, Riley Thomas. Wednesday, April 10: Joshua Gustafson, Loretta Rice, Leo Brown. Anniversary: Frank & Loretta Rice. Thursday, April 11: Shelley Massin, Georgie Sansom, Adam Morse, Adrienne Angerman, Jeni Smith, Christine Letts. Anniversary: Jess & Emily Rugo.

If you would like to add a birthday or anniversary at no charge please call the Sentinel at 874-2301.

Senior Center Menu

Thursday, April 4

Baked Fish, Green Beans, Oven Fried Potatoes, Salad Friday, April 5

Sweet & Sour Pork, Cabbage Slaw, Steamed Rice

Monday, April 8

A1 Meatloaf, Steamed Broccoli, Mashed Potatoes w/ Gravy, Radish Salad

Tuesday, April 9
Cinnamon Chicken, Sweet Potato, Rice Pilaf, Garden Salad

Wednesday, April 10

Fiesta Pork Chop, Veggies, Carrot Raisin Salad, Herb Biscuits

Thursday, April 11

Moose Lasagna, Italian Veggies, Apricot Salad, French Bread

Please call Wrangell Senior Center at 874-2066 by 10 a.m. for reservations.

Milk, tea and coffee will be served with meals.

FERRY

Departures

Northbound

Saturday, April 6
Malaspina 12:00 a.m.
Sunday, April 7
Columbia 2:45 p.m.
Tuesday, April 9
Malaspina 6:00 p.m.
Saturday, April 13
Malaspina 2:30 a.m.
Sunday, April 14
Columbia 7:45 p.m.

Southbound

Friday, April 5
Malaspina 7:45 a.m.
Monday, April 8
Malaspina 4:45 a.m.
Wednesday, April 10
Columbia 4:00 a.m.
Friday, April 12
Malaspina 7:45 a.m.
Monday, April 15
Malaspina 11:15 a.m.

Arrival times may vary. Call 874-2021 for verification or call 874-3711 for recorded information.



TIDES April 4 - April 11

	High Tides			Low Tides				
	\mathbf{AM}		\mathbf{PM}		AM		PM	
	<u>Time</u>	<u>Ft</u>	<u>Time</u>	<u>Ft</u>	<u>Time</u>	<u>Ft</u>	<u>Time</u>	<u>Ft</u>
April 4	1:23	16.2	1:35	16.2	7:20	0.8	7:31	0.2
April 5	1:52	16.6	2:08	16.1	7:49	0.1	7:59	0.4
April 6	2:19	16.7	2:40	15.9	8:19	-0.4	8:26	0.9
April 7	2:45	16.7	3:13	15.5	8:50	-0.7	8:55	1.4
April 8	3:12	16.6	3:48	14.8	9:24	-0.7	9:27	2.2
April 9	3:41	16.3	4:27	14.0	10:02	-0.5	10:04	3.1
April 10	4:16	15.8	5:15	13.1	10:47	0.0	10:49	4.0
April 11	5:01	15.72	6:19	12.3	11:42	0.6	11:49	5.0

Wrangell Roundup: Special Events

Saturday, April 6

Wrangell Health Fair: Nolan Center, 8:00 a.m. - 12:00 p.m. All are welcome, no registration needed.

Saturday, April 13

Baby Raven Reads: Wrangell Head Start, 10:00 a.m. - 12:00 p.m. Theme: Wooch.een.

Saturday, April 20

Helping Our Parks Community Work Event: Volunteer Park, 9:30 a.m. - 3:30 p.m. Lunch provided to workers.

Is the attendance at your meeting or event low? Send information for Roundup to wrgsent@gmail.com or call 874-2301.

Continuing Events

PARKS & REC ACTIVITIES: Mid-day closure: M-F 1:30-3:30 p.m. Closed Sunday

Pool:

Arthritis Foundation Exercise Class: M-W-F 8:30-9:30 a.m. Water Aerobics: M-W-F 10:00-11:00 a.m.

Lap Swim: M-W-F 6:00-7:30 a.m. MTWThF 11:30 a.m.-1:00 p.m.

TuTh 5:15-6:15 p.m. Sa 11:00 a.m.-12:30 p.m. 2 Lane Lap Swim: M-W-F 10:00-11:00 a.m.

Lap/Tot Swim: MTWThF 11:30 a.m.-1:00 p.m. S 11:00 a.m.-12:30 p.m.

Swim Club: M-F 3:15-5:15 p.m.

Weight Room: M-Thu 6:00 a.m.-1:30 p.m., 3:30-7:30 p.m. F 6:00 a.m.-1:30 p.m., 3:30-8:30 p.m.

S 10:00 a.m.-2:30 p.m.

MEETINGS

AA Meetings:

Open Swim:

 $North\ Star\ Group\ Meeting.\ St.\ Philip's\ Church.\ Tuesday:\ 7\ p.m.,\ Thursday:\ 8\ p.m.,\ Friday:\ 8\ p.m.$

The Way We Were

In the Sentinel 100, 75, 50 and 25 years ago.

April 4, 1919

St. Philip's Guild will enter into the magazine business temporarily, having made arrangements with the Priscilla Publishing Company to secure 50 subscribers before April 10. A committee representing the Guild will visit Wrangell homes and will have some tempting club offers to present with the Priscilla. With the end of war activities in sight, a longing for the needlework, which was laid aside during the busy months, will make itself felt once more, and a fancy work magazine will be a household necessity.

April 7, 1944

Territorial The Rationing Division has had, within the past months, several reports of rationing points being required to redeem home-canned salmon, which had been shipped to in the friends States. The fact that Ration Order 13, which covers Processed Foods, gift and the further fact that home-canned salmon may be consumed ration point free in the States were responsible for understanding Alaskans could ship this commodity as gifts, OPA Rationing Dept. pointed out. Section 3.1 states "that a person who produces a rationed commodity, such as canned fish, may consume the food produced at a place which he owns or operates, or at a table where he provides the food. However, he may not transfer any of those rationed commodities to any other

person without the surrender of ration points."

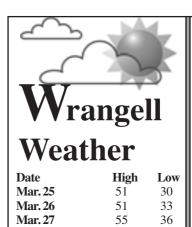
April 3, 1969

Loan approval construction of a 14-unit hotel and restaurant to be located across from the existing Stikine Bar site has been announced Small the Business Administration. The \$200,000 project is under management the Highfield Corp. According to plans prepared by Wespac Engineers the twostory "Stikine Inn" will contain a banquet area, cocktail lounge, Chamber of Commerce room, a beauty shop, barber shop, coffee shop, dining room, kitchen, 14 motel units and one apartment. The Highfield Corp. officers are Olaf Hansen Jr., Berkeley Sturdevant, Don House, Leonard T. Campbell and Arnold Bakke. According to Don House, the working drawings are not quite finished and final construction plans are not formalized as of yet.

April 7, 1994

M-W 5:30-7:00 p.m. F 6:30-8:00 p.m. S 1:00-2:00 p.m.

The Wrangell School District will see a complete change in its top three administrative positions for the coming school year, following a pair of announcements this week. A restructuring of administration to what Wrangell School Board Chairman Bill Messmer said Tuesday will be a district without principals was approved earlier by the board. The district will now have a superintendent, a director of curriculum and instruction and a third person tentatively described as "head school coordinator/facilitator/communicator." All three jobs will cover kindergarten through 12th grade. School Board Member Mark Walker said Tuesday that part of the function of the third position will be "team building" since the district will be moving toward more teamwork among faculty members and more say in the management of the district by faculty.



59

57

50

32

37

34

Mar. 28

Mar. 29

Mar. 30

Mar. 31

Apr. 01



Date		Sunrise	Sunset	Daylight
Apr	04	6:13 am	7:30 pm	13:17h
Apr	05	6:11 am	7:32 pm	13:21h
Apr	06	6:08 am	7:34 pm	13:26h
Apr	07	6:06 am	7:36 pm	13:30h
Apr	08	6:03 am	7:38 pm	13:35h
Apr	09	6:00 am	7:40 pm	13:40h
Apr	10	5:58 am	7:42 pm	13:44h
Apr	11	5:55 am	7:44 pm	13:49h

Police report =

March 25, 2019

Agency Assist: MVA
Report of fraud

Citation issued: Maxfield Dalton, 49. Speeding.

Found property. Hazardous play. Traffic.

Alarms.

March 26, 2019

Civil matter. Disturbance. Civil issue.

March 27, 2019

Subpoena service.

86'd letter: Issued t shoplifter.

Dangerous play: Parent notified of children writing with chalk on the roadway.

86'd letter: Person banned from City Market and Sentry for assaulting an employee.

Citation issued: Amy Price, 43. Dog at large.

Citizen assist.

March 28, 2019

Agency assist: Sprinkler alarm.

Harassment.

Civil matter: Property damage.

Civil matter.

Agency assist/FD: Report of unattended brush fire; unfounded.

Noise complaint/Disorderly: Conduct warning given.

March 29, 2019

Traffic stop: Verbal warning for not using turn signal.

Out of state notice: Notice put on vehicle.

Drug paraphernalia.

Agency assist: Dead eagle. Civil issue.

Citation issued: Erik Gile, 28.

Parking complaint for school zone.

Agency assist: Lots of black smoke.

March 30, 2019

Traffic stop: Verbal warning for not stopping at stop sign.

Subpoenas served.

Agency assist: Water leak. Agency assist: Alarm.

Theft.

Vacation check.

Citizen report possible DUI.

Fight: Unfounded.

Trespass.

Agency assist: Line crew.
Agency assist: Unattended

burn.

March 31, 2019

Courtesy transport. Agency assist: Alarm. Reckless driving. Subpoenas served.

Citizen assist.

Trespass: Unsubstantiated.

There were five ambulance calls and one dog complaint this week.



PHOTO BY CALEB VIERKANT/ WRANGELL SENTINEL

Adult prom

Wrangell had its second annual "adult prom" at the Elks Lodge last Saturday night. Everyone over the age of 21 was invited to come out, dance, and raise money for the high school class of 2021. According to Lucy Robinson, one of the event's organizers, the prom raised \$2,000. "To all of the dancers, who danced their tails off, thanks so much for supporting the class of 2021," she said. Pictured here is Esther Ashton, dancing at the prom.

Health fair to offer blood tests, community support

By Caleb Vierkant Sentinel writer

A health fair will be hosted at the Nolan Center next Sat., April 6, from 8 a.m. to noon. The Alaska Health Fair is a statewide nonprofit, which has been working since its founding in 1980 to provide Alaskans with affordable blood tests,

screenings, and health education. They conduct almost 100 community events a year across the state, according to their website. Health Educator Haleena

Vanveem, health director with SEARHC, is helping to organize the Wrangell Health Fair. She has helped to put together a health fair in Sitka previously, she said. While working in Wrangell is different and has its own unique challenges to Sitka, she said, she is still happy to help out people from the same

"Southeast just feels like one big home," she said.

The health fair is offering numerous different tests at the fair, at a cheaper rate than what people would find at a hospital. For example, a comprehensive blood chemistry screen, which covers things like infections, liver diseases, muscle function, and other things, will only be \$45. Other tests include thyroid screenings for \$35, prostate disease screenings for \$25, blood typing for \$20, and much more. Vanveem said that the fair is a great opportunity for people without insurance, or people whose insurance will not cover such tests, to check on their health. These tests are important, she says, because they provide a good glimpse into a person's overall health.

"I think it's important because, first and foremost, prevention is key," she said. "If something is changing in your body, it'll show up in these tests."

Betty Reith, director of the Alaska Health Fair, said that test results will be sent out via mail within two to three weeks of the fair. The blood tests are available to anyone 18-years-old and older. Payments can be made with cash, checks, or credit

cards.

The health fair, she added, is tentatively planned to be an annual event, but that is a decision to be made by SEARHC. Reith also said that the health fair is the end of a month of reduced-price blood tests. All through the previous month, she said, hundreds of people took the opportunity to visit the hospital for blood tests at a reduced price. The fair is the last opportunity for those in the near future.

Martha Pierson, with SEARHC, added that they will be asking attendees to fill out an evaluation form at the fair. This is meant to help SEARHC learn what people like about the fair, and what they want to see changed. These forms will also count as tickets towards door prizes they will be giving out at the end of the fair, Pierson added.

"It's going to be a fun place to be," Reith said. "A lot of great educators, a lot of local educators."

Besides getting tests done, Vanveem said the health fair is a good opportunity to learn about what health resources are available in one's community. Local organizations will be present at the fair to pass out information, she said. She also added that they are looking for volunteers for the fair, as well. Anyone wanting to help out during the fair can just show up the morning of, or can contact her at helenav@searhc.org or by phone at (907) 966-8914.

"It's not just about the blood draws, it's about community support," she said. "Please come check us out."



Specialty Care is here for you.

Ask your doctor about our specialties available at SEARHC.

- General Surgery
- Ear, Nose and Throat
- OB/GYN
- Orthopedics

Visit Searhc.org for more information and other specialties.

Dan's Dispatch

By Representative Dan Ortiz

This past weekend, I had the opportunity to host three Community Meetings in Juneau, Sitka, and Ketchikan to hear input on the governor's proposed budget for the next fiscal year. First and foremost, I'd like to thank everyone who took the time to attend, especially those who had the courage to speak.

In Ketchikan, almost 130 people attended, and 51 people spoke during the 2.5 hours allowed for public comment. In Sitka, over 200 people attended and 61 people spoke. I'd like to share some comments and observations from the Sitka and Ketchikan meetings

I began the meetings with an overview of our current fiscal situation, focusing on the relationbetween department budgets and our Permanent Fund Dividend. We have a total of \$5.27 billion available for Fiscal Year 2020 to fund both the state budget and this October's PFD. That \$5.27 billion total



Dan Ortiz

comes from our traditional revenues from oil and other taxes, along with the funds from SB26, which allows us to now use a portion of permanent fund earnings with a sustainable formula that will protect the fund for the long term.

We must make expenditures match revenues. To do this, the Governor's proposed budget cuts \$1.6 billion from last year's budget (or takes shared revenues, like the raw fish tax, from local governments) in order to fund a "full" \$3,000 dividend based on the historic formula used before 2016.

Overall, only one person spoke in favor of Governor Dunleavy's budget, and nine other speakers suggested smaller cuts to particular departments or programs, most frequently the budgets for the Office of the Governor and the Legislature, which combined make up only 1.6% of the Unrestricted General Fund budget.

Forty-seven people spoke in favor of a smaller dividend over drastic cuts, while ten people spoke in favor of a full dividend. Of those ten, eight of them also said that increased revenue would be needed to help pay for the full dividend. However, any plan to implement new sources of revenue could not feasibly go into effect until at least FY2021, making it a moot point for the current budget debate.

Regarding potential increased or new revenue sources for the future, an income tax was the most popular suggestion, with 48 people speaking in favor and three opposed. Reducing oil tax credits garnered 32 affirmative comments and zero in direct opposition. A sales tax was less popular, with two opposing comments and four in support many with the stipulation that communities who already have a local sales tax be partially ex-

Other revenue suggestions were to increase the motor fuel tax, increase the alcohol tax, put toll booths on paved roads, and implement an education head tax like Alaska had before 1980.

Overall, an overwhelming majority of people spoke in favor of protecting funds for our ferries, public radio, libraries and museums, Pioneer Homes, and education, including early learning, with the understanding that funding these services would result in a lower PFD.

It was an honor to hear from some of the larger communities in Southeast. Speaking face to face was empowering and insightful. For people who were unable to attend the meetings, especially members of smaller communities in my district, I strongly urge you to call my office at 907-247-4672 or email me at Rep.Dan.Ortiz@AKLeg.gov with your suggestions and con-

"Without Advertising Something Terrible Happens-

NOTHING!"

P.T. Barnum



Herd of Orphans

Petersburg filmmaker Kelly Bakos came to Wrangell to present her documentary, "A Herd of Orphans." The film covers an elephant orphanage in Zambia that cares for young elephants that have lost their family to poachers. Pictured here is Bakos next to a poster for her documentary. According to a Facebook post by Bakos, the film screening raised over \$300, which will be going to support the orphanage.

WRANGELL SEN

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BRAVE attends summit on violence prevention

By CALEB VIERKANT Sentinel writer

Members of BRAVE, the Wrangell organization that works to build healthy relationships in the community, recently attended a summit in Anchorage last month to discuss topics like domestic and sexual violence, and prevention programs that can be put in place at the local level. The 2019 Alaska Primary Prevention Summit was organized by the Council on Domestic Violence and Sexual Assault, which is a part of the Alaska Department of Public Safety. Kay Larson, Loretto Jones, and Joan Sargent represented Wrangell.

"It was to help us find common ground, working in fields of prevention and education, community programming," Larson said. "While a lot of activities in our communities focus on interrupting cycles of violence, this is more about going upstream and preventing violence from ever happen-

Community involvement in preventing violence is key, said Sargent. Individual behaviors are heavily influenced by others and the environment someone lives in, she said. One of the first steps communities can take in preventing violence is understanding why some people are the way they are.

"Communities can make a difference in individual behavior," she said. "Education is absolutely essential."

Two highly important factors that play early on in a person's life are toxic stress and ACEs, they said. Adverse Childhood Experiences are something that BRAVE has spoken about on numerous occasions in the past. They are ongoing, traumatic events in a young person's life that can affect brain development. More ACEs lead to things like health problems, toxic stress, poor performance in school, and even early death, Larson said. Too much stress messes with the "fight or flight" reflex, she said, and puts a person constantly

"In this community we could see it based on economic levels, we could see it based on family dynamics, in any community, and peoples' reaction to it," Sargent said. "I think that the important thing that they're coming out with, and that they're learning, and that is available to everyone to learn, are different ways of just dealing with that immediate crisis state."

There are some free and practical methods of stress management, Larson added. Things like breathing exercises, stretching, and simply just slowing down can help. She also talked about a new technique she recently learned, where tapping oneself repeatedly on certain acupuncture points on the head and body can help someone calm down. These are methods of stress management that even children can



Three members of BRAVE, a Wrangell organization dedicated to promoting healthy community relationships, attended the 2019 Alaska Primary Prevention Summit in Anchorage earlier this month. Pictured here are the three BRAVE representatives, from left to right: Joan Sargent, Kay Larson, and Loretto Jones.

learn easily, and can be good for kids and adults.

Another important aspect of preventing future violence is the importance of caring adults in a young person's life, Larson said. The lack of a support system of any kind can only increase stress levels for anyone. This is something that can be solved by more people reaching out to one another, she

"The lack of a caring, buffering adult or individual, the lack of that buffering influence in a person's life makes it harder to deal with the stress," she said. "So then the solution is more buffering, caring adults that make a connection."

The Wrangell Cooperative Association elects new tribal council

By CALEB VIERKANT Sentinel writer

The Wrangell Cooperative Association, the local organization dedicated to supporting Alaska Natives, held an elec-

tion for new tribal council members last Monday, March 25. The WCA oversees cultural events, supports subsistence lifestyles, assists with transportation, and does much

Wrangell's community. Board native members are elected by tribal WCA. members of the Five people have been chosen for the council this year, according to results released on the WCA's Facebook page: Christie Jamieson, Michelle Jenkins, Cori Robinson, Richard Oliver, and Lu

Jamieson has a long line of descent within the Tlingit people. Her Tlingit name is Dascawah, she said, and she is a direct descendant of Charles Jones, also known as Chief Shakes VII. In 2014, Jamieson held a brief stint as president of the WCA council, from March to June. She said she stepped away from the position as she felt like she had jumped in without doing the

"proper homework," she was already busy with other things in her life at the time, and that things on the council were moving too fast for her. Now, though, she said she is prepared and excited to work alongside everyone in the WCA. Her main priorities, she said, revolve around preserving Wrangell's native culture and lifestyle

"You're trying to protect, you're trying to preserve, you're trying to prevent, you're trying to help the needy," Jamieson said. "You really have to try to be a guardian of the land, and also the water."

Jenkins is a new addition to the council, having never run for the position before. This will be her first two-year term with the WCA. Jenkins said she was drawn to the position as the council plays an important role in Tlingit life in the area. As a Tlingit, she said she wanted to be a part of the council as it had an effect on her culture. The environment is a high priority for her, she said. Jenkins said she was impressed with what the IGAP department of the WCA was doing, she wants to assist them in any way she can.

Outreach to students, to teach them on environmental issues, is another priority for her.

"I try to be as involved as possible in the community, in several different ways," Jenkins said. "I'm excited to be on the council."

Oliver won a position on the council for a two-year seat. This will be his fourth term on the council, he said. Among his priorities for the next two years include several environmental projects such as cleaning up Zarembo Island, cleaning streams, and having regular water and air quality checks. He also said that the WCA is working on 20 homes for elderly and low-income tribal members thanks to a grant, and that they are also trying to partner with the city and the Forest Service for future road maintenance.

"We're doing some good work in town," Oliver said. "It's just good to volunteer."

Knapp declined to comment for this story, and Robinson could not be reached for comment as of 5 p.m. Tuesday afternoon.

"We're really excited to welcome new and returning members this year," said Tribal Administrator Esther Ashton.



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City and school board hold budget workshop

By CALEB VIERKANT Sentinel writer

The Wrangell Borough Assembly and the Wrangell School Board held a joint work session last Thursday to discuss the school district's proposed budget for the 2020 school year. Earlier this year, Governor Mike Dunleavy proposed a 23 percent cut to the Base Student Allocation, which helps determine the amount of funding a school district receives from the state based on the number of students within the district. Since then, funding for the Wrangell School District has been a topic of much concern and discussion.

Georgianna Buhler, who has played a major role in putting together the budget drafts, said that the district currently receives \$5,930 per student from the BSA. Superintendent Debbe Lancaster said that Wrangell stood to lose about \$1 million if the proposed state cuts go through. They have been going over various scenarios in their budgeting process, she said. They have looked at budgets where there is a full 23 percent cut, as well as budgets where there is no cut at all. The budget they showed to the borough assembly is assuming partial cuts.

"What you have before you is the draft that was proposed at the last school board meeting, which indicates a 10 percent cut in the BSA, and this is based on our average daily membership of 306 [students]," Lancaster

The draft budget, which was reviewed in a school board meeting on March 18, has revenues set at \$5.94 million and expenses at \$5.9 million. Lancaster told the borough assembly that a 10 percent cut, while not as drastic as a 23 percent cut, would still hit the schools hard. The current budget, for FY2019, was adopted with revenues set at \$6.7 million and expenses at \$6.6 million. Last year, the FY2018 budget was adopted with revenues and expenses of \$5.89 million and \$5.86 million, respectively.

"The budget we present to our board, that has to be approved by April 15, is not going to be the final budget," Lancaster said. "I think that we are going to having meetings, very lengthy, into June and upwards of July, actually, in getting to a final number."

Buhler explained that the earlier, first draft of the 2020 budget was based on a full 23 percent cut. That budget would have required the loss of several school programs, staff, teachers, and even the school lunch program. Buhler said that the district is already at the "bare bones" for staffing, and letting go of teachers was the last thing they wanted to do. Mayor Steve Prysunka said that he obviously did not want anybody to lose their jobs, but asked why the district was so reluctant to have layoffs. Lancaster explained that studies have shown that smaller class sizes increase the quality of a child's education. Firing teachers would lead to larger classes, and would hurt Wrangell's ability to educate in the long run. Plus, she added, having teachers and staff members worrying about their



PHOTO BY CALEB VIERKANT/ WRANGELL SENTINEL

Spring book fair

Evergreen Elementary School is holding a Spring Book Fair this first week of spring, from April 1 to 5. Pictured here is Michelle Jenkins (left) and Everett Meissner (right) purchasing some books.

job security would only harm their ability to teach.

Buhler went on to say the budget put before the borough assembly was assuming only a 10 percent cut to the BSA. In this draft, she said, the only programs being cut were underused school programs such as baseball and high school and middle school drama. Lancaster added that they are considering increasing student fees for travel and computers, as well, but this has not been decided yet.

This budget is also accounting for a 10 percent increase in the cost of the district's health insurance, Butler said. Assembly Member Patty Gilbert asked how firm that 10 percent increase was. Buhler said that it may be lower, closer to 9.5 percent, but they do not have exact numbers yet. There were several ideas batted around the meeting on how to save money on the school district's health insurance. One idea discussed was combining city and school insurance. Another was for the school to go on a form of self insurance, or to have a higher deductible.

The Secure Rural Schools funds were also brought up in the workshop. The SRS funds come from a federal program based on national forest timber receipts. These funds go to communities which can then be used to support their local school districts. In a previous town hall meeting over the proposed state budget, Borough Manager Lisa Von Bargen said that Wrangell has been holding back some of the SRS money for several years. Wrangell has about \$3.2 million in reserve, which could help to offset some of the district's additional costs. Prysunka said that it was good to have the money in reserve, but that it would not last forever. He asked if the school board was considering hypothetical scenarios where they use a certain amount of money for several years, versus using a smaller amount of money to stretch out the length of time farther. Board members responded that they have had several conversations like that over the previous weeks. There was no final plan in place yet, Buhler said, as this was a community-wide issue that needed to be discussed.

"We don't want to make any snap, last minute decisions,' Lancaster said. "Savings are used for emergency situations. If we can stabilize for the one year, and take a year to make our decisions and come up with our plan, it's going to be better than in two months' time."

The possibility of going to a four-day school week was briefly mentioned in the workshop. Lancaster said that was not a decision to be made this year, but they were researching the possibility for later down the road. Other items covered in the workshop included the school district's budgeting for legal fees and building repair, the amount of money the district had in savings and other ways to cut costs. As this was a work-

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shop, no decisions were made. Plans for a future workshop were made for late April, after the school board finally adopts a budget. The main takeaway from the meeting, Prysunka said, was that both the city and the school district were going to

have to roll with the punches when it came to budgeting this

"I think the operative word here is that we are going to have to take what comes down from the government and adapt to go along," he said.



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Women Pioneers of Alaska helping the elderly, preserving history

By CALEB VIERKANT
Sentinel writer

The Pioneers of Alaska is one of the older social organizations in the state. According to the organization's website, the first group of pioneers, or "Igloos," was founded in Nome in 1907. The purpose of the Pioneers of Alaska is twofold, to preserve community history and to serve as a social outlet for members. At first it was a menonly club, but women were allowed in around 1912, according to the Pioneer website. From the first Igloo in Nome, the group spread across the state. The Wrangell Men's Igloo, also known as Igloo No.



Courtesy of Igloo No. 15

Women of Igloo No. 15, part of the Alaska Pioneers Organization, stopped by the Long Term Care center on March 20 to give out spring goodie bags to residents. Pictured from left to right are Lorraine Kagee, Debra Werner, Kathie Angerman, Susan Wise-Eagle, and Betty Abbott.

21, was founded on May 30, 1921. The women's Igloo, No. 15, was chartered on May 16, 1980. There were 49 original members of the women's igloo, according to Kathy Angerman.

"I'm one of the charter members," she said with a chuckle. "Unfortunately, there were 49 of us and only 12 are left."

The Pioneers of Alaska are interested in increasing public knowledge of their organization, said Gayle Gross, and to let people know what it is they do. The Women's Igloo has a heavy focus on caring for Wrangell's elderly, she said. They volunteer and regularly donate time and revenue to the senior center and to long term care residents. In December, for example, they donate clothing and blankets to the long term care residents. They also give out gift bags on the first day of spring. The men's and women's Igloos

also hold a joint picnic every July at Shoemaker Park.

Preserving community history is another major aspect of the Pioneers of Alaska, Gross said. Every Igloo is tasked with the job of preserving records of life in their town. This includes club membership rolls, state and local history, and stories from around their community.

"That's one thing that's kind of, for me, wanting to be a Pioneer is to hear people's stories," Gross said.

"It's fun to hear stories."

The men's Igloo meets every third Thursday at Philip's Episcopal Church, September through May. The women's igloo meets every first Saturday at the senior center. There are some membership requirements people must meet, for anyone interested joining. in According to the Pioneers of Alaska website, members must be "of good moral character" and must have lived in Alaska for 20 years. To learn more, visit www.pioneersofalaska.org.

PUBLIC NOTICE

Southern Southeast Regional Aquaculture Association, Inc., (SSRAA), is soliciting bids from interested parties to conduct transport operations for the spring of 2020 season to tender live fry from SSRAA hatcheries to SSRAA remote release sites located in southern Southeast Alaska. Bids will be accepted until June 1, 2019 at 4:00 pm. For more information go to www.ssraa.org or call 225-9605.

Published: March 14, 21, 28, April 4, 11, 18, 25, May 2, 9, 16, 23 and 30, 2019

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Alaska community hits temperature milestone

By Becky Bohrer Associated Press

JUNEAU, Alaska (AP) – A small southeast Alaska community reached 70 degrees last week, which weather data suggests is the earliest point that temperature has been reached in the state.

National Weather Service meteorologist Brian Bezenek says Klawock hit the mark March 19

He says the earliest that records indicate a community in Alaska hit 60 was Jan. 14, 2018, when the temperature at Annette Island, also in southeast Alaska, reached 66.

The U.S. Drought Monitor, which weekly tracks drought conditions, shows much of southeast Alaska with abnormally dry conditions to some level of drought.



Bezenek says the region currently is experiencing an "extreme anomaly" with blocking highs shunting storm tracks the area typically would get. He says this has allowed warmer air to be pushed into southeast Alaska.

CITY AND BOROUGH OF WRANGELL

Pursuant to the City & Borough of Wrangell Code, Sec. 3.04.808, notice is hereby given that the regular assembly meetings of the assembly shall be held on the second and fourth Tuesday of the month. The meetings shall be held at 7:00 p.m., in the Assembly Chambers, City Hall, Wrangell. If any such Tuesday shall fall on a legal holiday as defined by the laws of the State of Alaska, the meetings scheduled for that day shall be held at the same hour on the next succeeding day which is not a holiday. Separate notice for the regular council meetings shall not be required. There will be no regular meetings the second Tuesday in July and August and fourth Tuesday in December.

Kim Lane, Borough Clerk City of Wrangell, Alaska **Publish: April 4, 2019**

Alaska Fish Factor

By LAINE WELCH Fisheries columnist

Over 20 mayors testify against tax grab by Gov. Dunleavy of fish taxes at CRA

None of the members of the Senate Community and Regional Affairs committee (CRA) lives near the sea, but at a hearing last week they were not impressed by Governor Dunleavy's plan to pull millions of dollars in fish taxes from remote coastal towns.

Bills submitted to the legislature by the governor would remove the ability of towns to keep their share of local fisheries business and landing taxes. For decades, the taxes have been split 50/50 with the state. Dunleavy wants to take all of the funds for state coffers, meaning a combined loss of \$29 million to fishing towns come October.

Over 20 mayors, financial officers, harbormasters and fishermen testified against the tax grab at the CRA and outlined how it would devastate coastal Alaska.

"The share of fish taxes is used to ensure sustainable communities," said Nils Andreassen, executive director of the Alaska Municipal League. "They contribute to general funds, operate and maintain ports and harbors, many of which the state transferred in neglect to municipalities 10 years ago, they support education, hospitals, public works, solid waste, grants to local nonprofits and to replace gaps in state capital investment."

Jon Erickson, Yakutat City/Borough manager, said the loss would likely close down the community's lone fish plant.

"What part of shutting down rural Alaska equates to Alaska is open for business?" he asked.

Pat Branson, Kodiak City Mayor, called the tax loss "cost shifting and revenue grabbing" and a "quick fix to a long-term problem of the state budget deficit."

"Every municipality and every Alaskan should have indepth research and analysis," Branson said. "This budget approach lacks the understanding and awareness of the realities of living in a resource economy and in a geographically remote location."

"Moorage rates in Wrangell would increase from 43-57 percent to cover the loss of money dedicated to our harbors," said Lee Burgess, financial manager of the City and Borough of Wrangell. "It's an example of arbitrarily picking winners and losers and causing disproportionate harm to certain communities relevant to how much of their economic platform is made up by commercial fishing."

"Fisheries is our only industry and fish tax revenues make up 26 percent of our \$31 million general fund revenues, over \$8 million annually. We use fish and sales taxes to pay our own way," said Frank

Kelty, mayor of Unalaska/Dutch Harbor, the nation's top fishing port for over two decades. "If the state takes away the share of fish taxes, who will step up to assist communities across Alaska with projects needed to support the seafood industry, which is the economic engine of all fishery dependent communities?"

"If you're looking for money to run the state why not revise the oil subsidies to Big Oil that collect more profits per barrel than any other oil field in the world. We fish hard and pay our taxes. We deserve our taxes to benefit our communities," said Shawn Dochtermann, a longtime Kodiak fisherman.

"You took oaths to defend Alaskans," said Jeff Guard, a Cordova city council member. "We are under attack and you have the power of the purse to defend us from these draconian budget cuts."

Fisherman Stosh Anderson of Kodiak closed his testimony with a haiku. "Fishermen pay tax, absconded by the government. Infrastructure fails."

And so it went as Alaskans from Petersburg, Akutan, Bristol Bay, Adak, Homer, St. Paul, Kenai and more shared their concerns.

Senators Bishop (R-Fairbanks), Birch (R-Anchorage) and Gray-Jackson (D-Anchorage) asked Dept. of Revenue Commissioner Bruce Tangeman if there had been any communication with communities about the fish tax loss, or any economic impact analyses done.

The answer was no.

Tangeman said the governor intends to share 50 percent of state alcohol tax revenues through a community assistance program to soften the loss, about \$20 million.

Senator Birch asked about

Publish: April 4 and 25, 2019

the motivation behind allocating alcohol taxes to the fishing towns.

"I don't know what the policy call was," Tangeman responded.

(Rep. Louise Stutes (R-Kodiak) nor Dunleavy policy advisor, John Moller both said they were unaware of the alcohol tax proposal at subsequent public meetings in Kodiak.)

"The thinking behind this is we need to bring all our revenue streams together to benefit all Alaskans," Tangeman said. "Obviously, these folks are seeing this from their backyards. I hope they can all appreciate the state is really struggling and we have a budget that is unsustainable."

"Is this bill a priority of the Dunleavy administration?" asked Senator Bishop.

"Yes, it is," Tangeman said.
"I want to tell you how much I appreciate and respect your comments that the state is struggling," said Senator Gray-Jackson. "But you can't punish communities because the state is struggling. That is just not the way to handle this."

Halibut intel - More halibut from Atlantic Canada and a shift in consumer preferences are two new drivers in the halibut market.

The Pacific fishery opened on March 15 to prices similar to last year where they've pretty much stayed — in the \$6 per pound range to fishermen on the Alaska mainland; \$5.50 to \$6 in Southeast and in the \$4.75 to \$5.25 range at Kodiak.

A major Kodiak buyer said the market is favorable for fish headed to fresh markets, but that won't absorb all of the halibut coming out of Alaska. Contrary to preseason reports, just about every major packer is sitting on frozen inventory from last year, "a halibut hangover," and buyers will be cautious about freezing more.

The market for frozen halibut is really changing, he added.

"Two of the largest buyers in the old steaking program, where they'd buy an 80 or 100 pounder, that's just completely going away," he said, adding that it's tough to even move frozen halibut in the smaller sizes.

What consumers want now is the convenience of vacuum packed halibut fillets or chunks, either fresh or frozen.

All market reports show that the biggest hurt in Alaska's halibut market is coming from Atlantic halibut from eastern Canada. That could put more than 10 million pounds into the U.S. market this year compared to 300,000 -400,000 pounds just six years ago.

Alaska fishermen can catch 17.7 million pounds of halibut through November 14.

Salmon surprises - An ambitious winter research trip to study salmon in the deepest waters of the Gulf of Alaska yielded some surprises. The five week trip by an international team of 21 researcher docked in Vancouver last week.

CBC News said researchers collected thousands of samples in their quest to learn more Pacific salmon survival in the open seas of the Gulf, a major feeding ground.

"The main inspiration of this project is to increase our awareness of the challenges the salmon meet in the open ocean and in the coastal areas," said Dr. Vladimir Radchenko, director of the North Pacific Anadromous Fish Commission with five member countries - the US, Canada, Russian, Japan and Korea.

The Gulf project was a centerpiece of its International Year of the Salmon initiative, a five-year project to study salmon in the northern hemisphere as they face challenges from an off kilter climate.

Aboard the research vessel Professor Kaganovsky the team trawled a span of nearly 5,000 miles in waters 200 miles from shore and collected salmon data at 60 locations.

"Since during the winter all salmon species migrate off shore, the main spots of aggregation should be located beyond 200 miles in February and March," Radchenko said. Researchersalso pioneered a new DNA testing method to identify where the salmon hatched.

The research led to some surprising discoveries. One of the most abundant species in their catches was coho, contradicting the belief that most coho overwinter in coastal areas. Pink salmon — the most abundant of all Pacific species — comprised only 10 per cent of their trawl catches.

The scientists also hope to learn if large releases of hatchery pinks and chums from Pacific Rim countries are impacting wild fish in the open ocean.

LEGAL

Pursuant to the City & Borough of Wrangell, Alaska, Borough Charter, Sec. 4, public notice is hereby given that the following ordinance listed by title only has been adopted by the Borough Assembly. Such ordinances are currently on file in the office of the Borough Clerk and may be inspected upon request.

ORDINANCE NO. 956 OF THE ASSEMBLY OF THE CITY AND BOROUGH OF WRANGELL, ALASKA, AMENDING SECTION 20.52.060, NOISE, IN CHAPTER 20.52, STANDARDS, OF THE WRANGELL MUNICIPAL CODE

ORDINANCE NO. 957 OF THE ASSEMBLY OF THE CITY AND BOROUGH OF WRANGELL, ALASKA, ADDING A NEW SECTION 9.08.085, EXCESSIVE NOISE PROHIBITED, TO CHAPTER 9.08, NUISANCES, TITLE 9, HEALTH AND SAFETY, OF THE WRANGELL MUNICIPAL CODE

ORDINANCE NO. 958 OF THE ASSEMBLY OF THE CITY AND BOROUGH OF WRANGELL, ALASKA, AMENDING THE MINOR OFFENSE FINE SCHEDULE IN CHAPTER 1.20, GENERAL PENALTY, OF THE WRANGELL MUNICIPAL CODE

ORDINANCE No. 960 OF THE ASSEMBLY OF THE CITY AND BOROUGH OF WRANGELL, ALASKA, AMENDING SECTION 5.08.050, EXEMPTIONS FROM TAX, AND SECTION 5.08.060, TAX-FREE DAYS, IN CHAPTER 5.08, SALES TAX, OF THE WRANGELL MUNICIPAL CODE

Kim Lane, MMC, Borough Clerk City & Borough of Wrangell, Alaska

Lisa Von Bargen Borough Manager

CITY AND BOROUGH OF WRANGELL WRANGELL PARKS AND RECREATION DEPARTMENT SEASONAL JOB POSTING

The Wrangell Parks and Recreation Department will accept applications for the positions of **Summer Recreation Staff** until the position has been filled. First review of applications will take place on April 26th, 2019 at 5:00 p.m.

Successful applicants will assist with planning and implementing comprehensive recreation enrichment programs for children, ages 6 to 11. Program activities include, both indoor and outdoor, well-rounded recreational and educational activities. Pay range is from \$10.00-\$12.00/Hr., DOE.

There are currently five seasonal positions open with a limited term of employment. These positions require candidates to be available to work 30-35 hours per week with shifts that are scheduled between the hours of 09:00 a.m. and 04:00 p.m., Monday through Friday. Applicants must be at least 16 years old and hold a valid Alaska Driver's License.

Applications may be obtained at and returned to Wrangell City Hall, 205 Brueger Street (P.O. Box 531), Wrangell, AK 99929.

The City and Borough of Wrangell is an Equal Employment Opportunity Employer.

Publish: April 4, 2019

Comics

CLUES ACROSS

- 1. Defense Department
- 4. Diminutive hoopster Webb
- 8. Cools
- 10. Chili con
- Quantitative fact
- Enliven
- 13. A woman of refinement
- 15. Where royalty live
- 16. Beverage made of oatmeal
- 17. Replaced
- 18. UK's largest city
- Obamacare
- When you expect to get there 42. Clownish
- 23. Deutschland
- Consumed

- 25. Paddle
- 26. A way to consume
- 27. "Walter White"
- 34. The opera has one
- 35. Honk
- Disorganization
- 37. Secret political clique
- 38. Recounted again
- 39. Converts to leather
- 40. Consisting of a single element or component
- 41. Therefore
- 43. The habitat of wild animals

CLUES DOWN

- 1. Dreary
- Book page size
- 3. Become less lively
- Grassy plain
- 5. Attached a figure to Hungry
- 7. NY-based department store
- Pedestal
- Single-celled animal
- National capital
- China's chairman
- 15. Al Bundy's wife
- Acid in all living cells
- 19. Told
- Displays heartbeat

- g23. Softly
- 24. Swiss river
- Small chapel
- Electronic countermeasures
- 27. Asian nation
- 28. Neither
- Peacock network
- 30. List of candidates
- 31. Medieval garment
- 32. Type of juice
- 33. "Coach" actor
- Puerto Rican dance music La
- 36. Texas politician Ted

SUDOKU 8 6 5 8 9 3 8

Level: Intermediate

Puzzle answers will be in the April 11 Edition

Classified/Legals

ADVERTISEMENT FOR THE POSITIONS OF

Temporary Workers Harbor Department

The City and Borough of Wrangell will accept applications to establish a pool from which to hire Temporary Workers for the Harbor Department at City Hall beginning March 19, 2019 to establish an open pool of applicants for temporary help. Applicants can submit an application anytime through December 31, 2019. Employees will be selected from applications in the pool at the time employees are needed throughout the year. Those who have applied previously will need to re-apply. You must have a valid Alaska Driver's license. A CDL license is preferred but not required.

This position will require someone with experience in carpentry and the ability to work independently in a marine environment. Work will include but not be limited to replacement of bull rails, fascia boards, decking, plumbing, pile hoops and concrete patching. Duties will also include painting, pressure washing, cutting brush and grass, and working in the boat yard. Boat yard duties will include carrying blocking, boat stands, and doing all kinds of cleanup. Must be able to lift and carry 50 pounds. Successful applicant must be able to work in all weather conditions and weekends.

Applications and job descriptions may be obtained and returned to Wrangell City Hall, 205 Brueger Street (P.O. Box 531), Wrangell, AK 99929. Pay for this position starts at \$15.39 per hour DOE.

The City and Borough of Wrangell is an Equal Employment Opportunity Employer. Publish: March 21, 28 and April 4, 2019

NOTICE OF INVITATION TO BID CITY & BOROUGH OF WRANGELL **City Owned Lots** FOR SALE

Per Wrangell Municipal Code (WMC) Section 16.12.040, Notice is hereby given that the City & Borough of Wrangell, Alaska will accept sealed bids for the sale of three (3) City-Owned Lots within

<u>Legal Description</u> Lot A, Etolin Avenue Replat (#2019-2) 806 Etolin Avenue	Square Footage 14,983 sq. ft.	Minimum Bid Value \$38,000
Lot B, Etolin Avenue Replat (#2019-2) 805 Etolin Avenue	19,462 sq. ft.	\$32,600
Lot C, Etolin Avenue Replat (#2019-2) 819 Etolin Avenue	19,326 sq. ft.	\$32,400

the Borough boundaries of Wrangell. The properties are as follows:

Sealed bids will be accepted by the City & Borough of Wrangell, P.O. Box 531, Wrangell, Alaska 99929, located at the Borough Clerk's Office, 205 Brueger Street, Wrangell, Alaska 99929 until 12:00 p.m. prevailing time April 12, 2019 at which time the bids will be publicly opened and read aloud in the Borough Assembly Chambers. Sealed bids may be submitted by US Mail, courier delivery service, or in person. Bids may not be submitted by email or fax.

Clearly mark on the outside of the envelope "Sealed Bid – City Lots, Opening Date – April 12, 2019, 12:00 p.m."

The bid forms and maps reflecting property location may be obtained at the office of the Borough Clerk for no charge at 205 Brueger Street, P.O. Box 531, Wrangell, AK 99929, by email: clerk @wrangell.com, or online at www.wrangell.com. Questions regarding this bid shall be directed to Carol Rushmore, Economic Director at 907-874-2381.

The City & Borough of Wrangell reserves the right to reject any or all bids, to waive any informality in a bid, and to make award to the highest responsive, responsible bidder as it may best serve the interest

Publish: March 21, 28, April 4 and 11, 2019

City and Borough of Wrangell NOTICE INVITING BIDS

PUBLIC SAFETY BUILDING SIDING AND ROOFING REPLACEMENT

Notice is hereby given that the City and Borough of Wrangell, Alaska will receive sealed bids for the construction of the Public Safety Building Siding and Roofing Replacement project.

DESCRIPTION OF WORK. The Work consists of all activities necessary to construct the Wrangell Public Safety Building Siding and roofing Replacement, as shown in the contract documents. The Work consists of Removal of existing wood siding and associated work on the Wrangell Public Safety Building residing with formed metal wall panels, metal flashings, coping, plywood sheathing, gypsum sheathing, weather barrier and associated work. The roofing replacement consists of removal of the existing ballasted insulation, associated work as described to replace parapets and install a PVC roof membrane with associated rigid insulation, flashings and copings. The Work is comprised of a Base Bid. The Engineer's Estimate for the Base Bid is approximately \$535,000.00.

PREBID CONFERENCE. Prospective bidders are encouraged to attend a Pre-Bid Conference that will be held at 11:00 AM on April 1, 2019 in the Assembly Chambers of the City and Borough of Wrangell, Alaska.

OPENING OF BIDS. The Bids will be publicly opened and read aloud at 2:00 PM on April 9, 2019 in the Assembly Chambers of the City and Borough of Wrangell, Alaska.

OBTAINING CONTRACT DOCUMENTS. The Contract Documents should be downloaded from the City & Borough of Wrangell's website (www.wrangell.com) under the Bids and RFP's section. Downloading Contract Documents from the website requires registration with the Borough Clerk to be placed on the Plan Holders List and to ensure receipt of subsequent Addenda. Failure to register may adversely affect your proposal. It is the Offeror's responsibility to ensure that they have received all Addenda affecting this Solicitation. To be registered, contact the Borough Clerk at 907-874-2381 or at clerk@wrangell.com.

OWNER: City and Borough of Wrangell

Authorized By: Kim Lane, Acting Borough Manager

Publish: March 21, 28 and April 4, 2019

Classified/Legals

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CITY OF WRANGELL

In-House and Public Announcement ADVERTISEMENT FOR THE POSITION **LIFEGUARD**

PARKS AND RECREATION DEPARTMENT

The Wrangell Parks and Recreation Department will begin to accept applications for the position of Lifeguard to establish an open pool of applicants for temporary help. The Parks and Recreation Department will be hiring from these applications, as needed, throughout the year. The position includes Lifeguarding, facility custodial and clerical duties.

The lifeguard position assists and supports in providing a safe and recreational swimming pool environment for the community. The position requires the knowledge and ability to encourage compliance with pool policies and facility expectations for users. Lifeguards are expected to perform the necessary rescue techniques in the event of a land and/or water-based emergencies, which requires leadership and knowledge of the national lifeguard standards and best practices, along with facility procedures. This position also supports in the facilitation and instruction of the Learn-to-Swim lessons held throughout the

The lifeguard position will appeal to a candidate who thrives in a mission driven, team-centered environment while interacting with members of public including young children. The successful candidates must be sixteen and are required to possess a nationally recognized Lifeguard and CPR/AED certification or an ability to gain one upon hire. Wrangell Parks and Recreation offers lifeguard certification courses that are open to the community and employees of the department. The department offers opportunities for pay advancement through the part time employee progressive pay policy.

Applications will be accepted beginning November 27th, through December 31st, 2019, at 5:00 p.m. At the end of this open enrollment period applicants would need to file a new application.

This is a temporary part time (20 hour) position, paid hourly at a Grade 1 ranging from \$9.80 to \$13.40 per hour. The full job description and employment application can be found online at www.wrangell.com/jobs.

Applications may be returned to Wrangell City Hall, 205 Brueger Street (P.O. Box 531), Wrangell, AK 99929. For more information contact Kate Thomas at 907-874-2444.

The City of Wrangell is an equal opportunity employer.

Lisa Von Bargen Wrangell Borough Manager

Published: April 4 and April 25, 2019

Alaska Mental Health Trust Authority **Trust Land Office** Notice under 11 AAC 99.050 of **Decision to Sell a Parcel of Trust Land Near Wrangell** MHT #9100862

Notice is hereby given that, pursuant to the provisions of AS 38.05.801 and 11 AAC 99, the Executive Director of the Alaska Mental Health Trust Land Office (TLO) has determined that it is in the best interest of the Alaska Mental Health Trust and its beneficiaries to complete a negotiated land sale of certain Trust land to Brett Woodbury d/b/a BW Enterprises. The basis for this determination is explained in a written best interest decision prepared by the Executive Director pursuant to 11 AAC 99.040.

The Trust land affected by the decision is adjacent or near to Wrangell, and is more particularly described as: A portion of Lot 4 of US Survey No. 3709 located within Sections 30, 31, and 32 of Township 63 South, Range 84 East, Copper River Meridian; and Sections 5 and 6 of Township 64 South, Range 84 East, Copper River Meridian, containing 659.880 acres more or less; according to the survey plat accepted by the United States Department of the Interior, Bureau of Land Management in Washington, D.C. on May 26, 1961. The subject 13-acre property is located specifically in Sections 31 & 32, Township 63 South, Range 84 East, Copper River Meridian.

Persons who believe that the written decision should be altered because it is not in the best interests of the Trust or its beneficiaries, or because the decision is inconsistent with Trust management principles set out in 11 AAC 99.020, or any other provision of 11 AAC 99, must provide written comments on or before 4:30 PM, May 5, 2019. Comments should be submitted to the TLO at 2600 Cordova Street, Suite 100, Anchorage, AK 99503, or by fax (907) 269-8905 or email mhtlo@alaska.gov. Following the comment deadline, the Executive Director will consider timely comments that question the decision on the basis of the best interest of the Alaska Mental Health Trust and its beneficiaries or inconsistency with 11 AAC 99, and the best interest decision may be changed in response to such written comments or other information. Commenting parties will be provided a copy of the final best interest decision after the end of the notice period.

To be eligible to file for reconsideration of the best interest decision, or to file a subsequent appeal to the Superior Court, a person must have submitted written comments during the notice period. Eligible persons will have twenty (20) calendar days after published notice of or receipt of the final written decision to request that the Executive Director reconsider the decision under 11 AAC 99.060(b).

Copies of the written decision are available at the Trust Land Office, or at https://alaskamentalhealthtrust.org/trust-land-office/. If you have any questions concerning this action, please contact the Trust Land Office at (907) 269-8658.

In compliance with the Americans with Disabilities Act, the Alaska Mental Health Trust is prepared to accommodate individuals with disabilities. Please contact the Trust Land Office at (907) 269-8658 for assistance. Requests for assistance must be received at least 96 hours prior to the comment deadline in order to ensure that any necessary accommodations can be provided.

The Executive Director of the TLO reserves the right to waive technical defects in this notice or to amend, postpone, or vacate the best interest decision.

Published: April 4, 2019

PUBLIC NOTICE

Southern Southeast Regional Aquaculture Association, Inc., (SSRAA), is soliciting bids from interested parties to conduct rearing operations for the spring of 2020 season at its McLean Arm rearing site located in southern Southeast Alaska. Bids will be accepted until June 1, 2019 at 4:00 pm. For more information go to www.ssraa.org or call 225-9605.

Published: March 14, 21, 28, April 4, 11, 18, 25, May 2, 9, 16,

23 and 30, 2019

City and Borough of Wrangell, Alaska **Public Notice**

The Wrangell Port Commission will hold a workshop before the regular meeting on Thursday, April 04, 2019 at 6:30 PM in the Borough Assembly Chambers, Regarding the following:

Marine Service Center Lease Rate Adjustments

Written Comments can also be received at City Hall no later than April 01, 2019 5:00 PM to the attention of: Wrangell Port Commission, City of Wrangell, PO Box 531, Wrangell, AK 99929 Published: March 28 and April 4, 2019

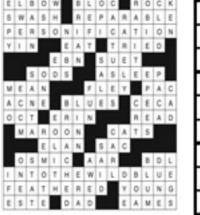
PUBLIC NOTICE

IN THE DISTRICT COURT OF THE THIRD JUDICIAL DISTRICT OF THE STATE OF IDAHO AND FOR THE COUNTY OF PAYETTE RANDALL ARENDELL, Petitioner, vs. DIANA M. ARMSTRONG, Respondent. Case No. CV2018-173 SUMMONS BY SERVICE BY PUBLICATION TO THE RE-SPONDENT DIANA M. ARMSTRONG. You have been sued by RANDALL ARENDELL, the Petitioner, in the District Court in and for the county of Payette County, Idaho Case No. Cv2018-173. The nature of the claim against you is a Petition for Divorce. Any time after 21 days following the last publication of this Summons, the court may enter a Judgement against you without further notice, unless prior to that time you file a written response in the proper form, including the case number, and paid any filing fee to the Clerk of the Court at 1130 3rd Ave. N. Payette, Idaho 83661, (208) 642-6011, and served a copy with your response on the Petitioner's Attorney at: Bond Law Chartered, 1511 N. Whitley Dr. Fruitland, Idaho 83619, (208) 452-4468. A copy of the Summons or Complaint can be obtained by contacting either the Clerk of the Court or the Attorney for Petitioner. If you wish legal assistance, you should immediately retain an attorney to advise you in this matter. Dated: February 15th, 2018. CLERK OF THE DISTRICT COURT By: Betty Dressen, Deputy Clerk

Publish: February 28, March 7, 14, 21, 28, April 4, 2019



Puzzle answers from March 28 Edition



2



March/April schedule of events

Labs

SEARHC Wrangell Medical Center and Alaska Health Fair, Inc. are teaming up to deliver a month of health opportunities in Wrangell!

In March, the following blood tests will be available at SEARHC Wrangell Medical Center labs for \$25 each:

- Health Profile
- Hemoglobin AIC
- Thyroid Screening
- Vitamin D Screening
- Prostate Screening (only men)

Please contact the WMC Business Office at 907.874.7000 for available screens, rates and more information.

Come to the Fair!

Saturday, April 6th, 8:00 a.m. – 12:00 p.m.

The James and Elsie Nolan Center

296 Campbell Dr. Wrangell, AK 99929



In addition, on April 6th, Alaska Health Fair, Inc. will offer additional blood tests such as Celiac

disease screening, blood type tests and more on the day of the fair. Visit alaskahealthfair.org for exact tests and pricing.

Tests results (and health professionals) will be available at the Health Fair along with many fantastic vendors, information and prizes.

For additional info on the Wrangell Health Fair, please contact:

Heleena van Veen

907.966.8914 heleena.vanveen@searhc.org

or visit:

wrangellmedicalcenter.org/health-fair

This event is sponsored by:





One of the baseball fields at Volunteer Park. The Parks and Rec Department and numerous volunteers will be working on several projects around the park to fix it up on April 20 for the Helping Our Parks project.

Third annual "Helping Our Parks" Project coming mid-April

By CALEB VIERKANT Sentinel writer

The Helping Our Parks Project, or "HOP" Project, is an annual community service event organized by the Wrangell Parks and Recreation Department. Parks and Recreation Director Kate Thomas said that this is the third year it will be held and it's coming up on April

The HOP Project began in 2017, she said, when the department and local volunteers came out to Volunteer Park to clean up and repair the place. In 2018 it took place at City Park.

This year, they are coming back to Volunteer Park, Thomas said. She said that it was necessary to double back on Volunteer Park, since the area received so much use. The department would like to have a HOP Project out at Shoemaker Park, where they want to beautify the area and build a pavilion. However, that is in the future, and Thomas said that their immediate attention is on fixing up Volunteer Park.

Each HOP Project has seen between 50 and 60 volunteers come out to help, she said, and they are expecting the same this

"I was sort of blown away by that, actually," she said. "I think

the first year we were like, 'If we get 20 people, we're gonna feel good about that,' and then people just came out in large numbers."

There are several projects Thomas said they are wanting to accomplish at Volunteer Park. They will be doing a lot of maintenance on the senior league ball field, as well as some landscaping. They also plan to re-roof the dugouts, repair the door to the score booth, and remove some alders, among various other jobs. Nobody has to call ahead or register to help out, Thomas said, they just need to show up ready to work. Of course, she added, it does not hurt to call ahead if there is a special skill or certain job a person would like to dedicate their time to.

"We ask that volunteers sign in and sign out so that we can log the amount of hours of volunteers for grant leverage later on," she said. "If you have a specialized skill, it's easier if we know you're coming so that we can have the materials on hand to address the task that your skill will allow us to complete."

Fundraising is another aspect of the project, Thomas said. The Parks and Rec Department is hoping to raise \$10,000 this year through individual donations and sponsorships. There is no fee to come out and help, Thomas said, but they will be accepting voluntary cash donations the day of the project. People who cannot come out to work, but still want to help, can stop by the community pool with a donation, or write a check to the city.

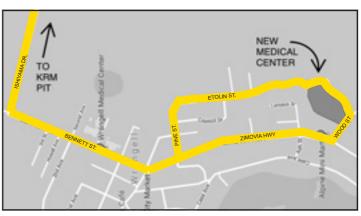
Thomas also added that there are several sponsorship packages for businesses and individuals listed on their website. This money will be going towards park signage, a new volleyball net, and roofing materials. Thomas said that they have a long-term goal to add stone to the part of the walking trail that goes directly behind the baseball fields, to complete the trail's

Thomas said that lunch will be provided, and there will be door prizes for volunteers to win. The HOP Project will kick off at 9:30 a.m. on April 20, and will run until 3 p.m. Volunteers do not need to stay for the entire day, she said. Any time people can spare is welcome. Thomas advised that people show up in appropriate work clothes. It would also be helpful if volunteers could bring things like buckets, rakes, and general landscaping supplies. The Parks and Rec Department will have tools on hand, she said, but it is always wise to have ex-

"If folks aren't able to make it to the event, but still want to contribute in some form or fashion, they can always contact us and we can work with them and our parks personnel on a different day," she said.

SEARHC Wrangell Medical Center - NOTICE OF INCREASED TRUCK TRAFFIC

Dawson Construction LLC will commence work at the site of the new Wrangell Medical Center located at 232 Wood St, Wrangell, AK, beginning April 8th through mid-May 2019. Please be advised that truck traffic will increase on the surrounding streets and roadways during this time. Please follow all posted construction signs.



We thank you in advance and apologize for any inconvenience this may cause. For more information please visit the City of Wrangell's project webpage at www.wrangell.com/community/searhc-wrangell-medical-center

Questions may be directed to Dawson Construction at 907-225-5712 or Ketchikan Ready Mix at 907-225-2925.



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