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September 13, 2018

WRANGELL SENTINEL

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Forest Service holds meeting on Central Tongass Project

By CALEB VIERKANT
Sentinel writer

The Nolan Center was littered with maps of the Tongass National Forest Sept. 5. Members of the Wrangell and Petersburg Ranger districts came by to hold a public meeting on the Central Tongass Project, a series of proposed long-term renovations in the area.

Dave Zimmerman, with the Petersburg Ranger District, explained that the Central Tongass Project covers both the Petersburg and Wrangell districts, an area that stretches across the Wrangell, Mitkof, Kupreanof, Kuiu, Zarembo, and Etolin islands, as well as a section of the mainland. According to documents provided to the public at the meeting, the project is looking to improve things in four broad categories: Watershed restoration and improvement, vegetation management, access management, and sustainable recreation management.

"The main difference between this project and others is that we're looking at activities, as opposed to a specific site," Zimmerman said. "In the past you would have a site and you would want to do this activity ... Here, we're looking at all sorts of different activities, in fact 13 activities that were identified from our pre-scoping meeting."

These activities range from stream and floodplain restoration, to treatment for invasive species of plants, to the construction, deconstruction, and



PHOTO BY CALEB VIERKANT/ WRANGELL SENTINEL

Totem Pole on parade

Members of the Wrangell Cooperative Association moved a totem pole from Shakes Island to the cultural center on Front Street Thursday evening. According to Tribal Administrator Esther Ashton, the tribe plans to do some restoration work on this totem, and some others, in the near future.

maintenance of recreation facilities, to the harvesting of timber. Zimmerman said that the Central Tongass Project is looking at beginning and completing these activities over a 15-year period. He also said that the idea of putting all these activities under one project was to be more efficient.

"In the past we would have a NEPA process for, let's say, a trail or a cabin. That might take a year or two years to do, it would cost thousands and thousands of dollars," he said. "If you're looking at a timber project that might take, historically it's taken four or five years, maybe more, and even

more money spent. This is to clear all those activities between now and 2020, and then we'll be implementing it after that."

More information about the Central Tongass Project can be found online at www.fs.usda.gov/tongass under "Projects" in the "Land

and Resources Management" tab. Comments on the project can be submitted online, as well. Written comments can be sent to Project Leader Carey Case at P.O. Box 1328, Petersburg, AK 99929 or delivered in-person to the Petersburg District Office during normal business hours.

Darian Gerald shares story for suicide prevention day

By CALEB VIERKANT
Sentinel writer

Wrangell High School held an assembly last Monday afternoon for a special guest. September 10 is "Suicide Prevention Day," and the entire month of September is dedicated to suicide prevention. Darian Gerald came to the high school to talk to students, as well as parents and staff members in the crowd, about her own story.

"I've actually only ever shared this story with my mom, my therapist, and my husband," she said.

Gerald is an alumna of Wrangell High School, having graduated in 2015. She said that her struggles with mental health began a few months into her freshman year. She and some of her friends, she said, went separate ways and she did not know how to properly handle that situation at the time. This split led to what Gerald described as a strong sense of isolation, which she covered up by getting heavily involved in sports.

"I focused all of my time and energy there, and my schedule was crazy," she



PHOTO BY CALEB VIERKANT/ WRANGELL SENTINEL

Darian Gerald (right) shared her story about her struggles with mental health at Wrangell High School last Monday. The 10th of September is "World Suicide Prevention Day," and Gerald told her story to members of the Wrangell community to encourage them to reach out to one another and seek help should they need it.

said. "So my schedule was wake up in the morning and go to school. Right after school I'd go to cross country practice, and from cross country to JV volleyball practice, and right after that I would do varsity volleyball practice, and then I'd finally get home."

Gerald said that she started working out during her lunch hour and in the mornings before school, as well. She put so much energy into sports that she would miss meals, and eventually lost her appetite and developed an eating disorder.

"I actually didn't know it was an eating disorder, I didn't see it as an issue. I was working out, I would eat a granola bar every now and then."

The issue didn't come to a head until her volleyball coach asked her one day, on a trip, if she had eaten anything that day. When Gerald said she hadn't, the coach asked about the day before, and the day before that. Gerald said that she was made to sit out of the game and eat a bowl of leftover rice.

Her parents were told about her prob-

Continued on page 8

Birthdays & Anniversaries

The Sentinel extends its best wishes to the persons listed on the Wrangell Chamber of Commerce Community Scholarship Birthday Calendar.

Thursday, September 13: Bernie Massin, Jenny Mork, Kalcie Klinke, Frank Johnson, Wanda Banta, John Waddington, Jim Nelson Sr. *Anniversary:* Jeff and Heidi Villarma. **Friday, September 14:** Mikki Angerman. **Saturday, September 15:** Heather Howe, Jake Harris, Alana Young, Tayler Reeves. **Sunday, September 16:** Tessa Appleman, Sarah Scambler. *Anniversary:* Steve and Ginny Helgeson, Chris and Kristie Weber, Lee and Jennifer Wiederspohn, Brian and Yuri McCloskey. **Monday, September 17:** Nancy Seimears, Jayden Stutz, Roxanna Coblentz, Jon Cornelius. *Anniversary:* Robert and Rynda Hayes. **Tuesday, September 18:** Derek Angerman, Nicki Nikodym. *Anniversary:* Luke and Nicole Feuerhelm. **Wednesday, September 19:** Alex Angerman, Doug Roberts, Mark Galla. *Anniversary:* Tom and Linda Nore, Delton and Tamra Claggett. **Thursday, September 20:** Radley Powers, Amber Vergilio, Jing O'Brien, Briana Taylor.

If you would like to add a birthday or anniversary at no charge please call the Sentinel at 874-2301.

Senior Center Menu

Thursday, September 13

Baked Chicken, Broccoli, Carrot/Pineapple Salad, Buttered Noodles

Friday, September 14

Turkey Pot Pie, Peas/Carrots, Tossed Salad, Herb Biscuits

Monday, September 17

Bowling @ Elks, Asian Chicken, Salad, Veggie Egg Rolls

Tuesday, September 18

Moose Meatloaf, Green Beans, Sunshine Salad, Au Gratin Potatoes

Wednesday, September 19

Lemon Chicken, Brussel Sprouts, Sukiyaki Salad, Sweet Potatoes

Thursday, September 20

Venison Stew, Cabbage w/ Fruit, Pilot Bread

Please call Wrangell Senior Center at 874-2066 by 10 a.m. for reservations. Milk, tea and coffee will be served with meals.

FERRY

Departures

Northbound

Saturday, September 15

Malaspina 7:15 a.m.

Sunday, September 16

Columbia 4:45 p.m.

Tuesday, September 18

Malaspina 6:30 p.m.

Saturday, September 22

Malaspina 8:15 a.m.

Sunday, September 23

Columbia 8:00 p.m.

Southbound

Thursday, September 13

Malaspina 8:00 p.m.

Monday, September 17

Malaspina 6:30 a.m.

Wednesday, September 19

Columbia 10:15 a.m.

Thursday, September 20

Malaspina 11:30 p.m.

Monday, September 24

Malaspina 4:30 a.m.

Arrival times may vary. Call 874-2021 for verification or call 874-3711 for recorded information.



TIDES September 13 - 20

High Tides

Low Tides

AM PM

AM PM

Time Ft Time Ft Time Ft Time Ft

September 13 3:53 16.6 4:09 17.2 9:45 0.2 10:17 -0.2

September 14 4:38 15.1 4:49 16.1 10:24 1.8 11:03 0.9

September 15 5:28 13.5 5:33 14.9 11:07 3.3 11:56 1.9

September 16 6:29 12.1 6:29 13.7 11:56 4.8

September 17 7:48 11.3 7:43 13.0 0:58 2.8 1:00 5.8

September 18 9:11 11.4 9:03 13.0 2:15 3.2 2:24 6.3

September 19 10:18 12.1 10:10 13.5 3:38 3.0 3:52 5.8

September 20 11:10 13.1 11:04 14.4 4:43 2.2 4:58 4.8

Wrangell Roundup: Special Events

Monday, September 17

School Board Meeting: Evergreen Elementary School Room #101, 6:30 PM.

Friday, September 21

Presentation: Nolan Center classroom, 5:00 p.m. Presentation on fungi in coastal rainforests. Overview of edible, common, rare, mushroom producing species from Southern Alaska and how to identify them.

Saturday, September 22

Fungus Foray: Location will be determined the week of the walk to take advantage of the best spot for collection. Mushroom collection and identification walk.

Is the attendance at your meeting or event low? Send information for Roundup to wrgsent@gmail.com or call 874-2301.

Continuing Events

PARKS & REC ACTIVITIES: Mid-day closure: M-F 1:30-3:30 p.m. Closed Sunday

Pool:

Arthritis Foundation Exercise Class:

M-W-F 8:30-9:30 a.m.

Water Aerobics:

M-W-F 10:00-11:00 a.m.

Lap Swim:

M-W-F 6:00-7:30 a.m. MTWThF 11:30 a.m.-1:00 p.m.

TuTh 5:15-6:15 p.m. Sa 11:00 a.m.-12:30 p.m.

2 Lane Lap Swim:

M-W-F 10:00-11:00 a.m.

Lap/Tot Swim:

MTWThF 11:30 a.m.-1:00 p.m. S 11:00 a.m.-12:30 p.m.

Swim Club:

M-F 3:15-5:15 p.m.

Open Swim:

M-W 5:30-7:00 p.m. F 6:30-8:00 p.m. S 1:00-2:00 p.m. **Weight**

Room: M-Thu 6:00 a.m.-1:30 p.m., 3:30-7:30 p.m. F 6:00 a.m.-1:30 p.m., 3:30-8:30 p.m. S 10:00 a.m.-2:30 p.m.

MEETINGS

AA Meetings: Smoked Fish Fri 8 p.m. at the Episcopal Church Parish Hall, Study Materials provided.

The Way We Were In the Sentinel 100, 75, 50 and 25 years ago.

September 12, 1918

School opened Monday with a total enrollment of 73 pupils. Only two of the teachers engaged for the year were on hand to begin work, Miss Armstrong being ill with quinsy, and Miss Allender having missed boat connections. Miss Armstrong has recovered so far as to be able to take up her work this morning. During her absence, Mrs. J. W. Pritchett took charge of the intermediate grades.

A plan is being worked out by which the work in the school will be more equally divided than heretofore. The high school program will be perfected when Miss Allender arrives. Only five pupils have enrolled for the high school. There were fifteen pupils in the upper grades, twenty-nine in the intermediate and twenty-four in the primary grades Monday. Several additional pupils are expected to enroll during the month.

The improvements, which have been in progress during the past few weeks, have greatly enhanced the attractiveness of the interior and improved the arrangement. A cordial invitation is extended to the patrons of the school to visit the institution in order to become better acquainted with the teachers and the work that is being done there.

September 17, 1943

Wrangell Lumber Mills is expected to resume operations this coming week under the direction of H. M. Olsen, of the Ketchikan and Juneau Lumber mills. Mr. Olsen has taken over the operation of the plant from Custard and Meadows, former operators, who are now confining their activities to logging.

Mr. Olsen, who is interested in both the Juneau and Ketchikan sawmill operations and who has long been identified with lumbering in Alaska, said today that work of fitting the plant for operation is now under way and that by next week it was hoped to start sawing. Additional new equipment is en-route and will be installed as it arrives. Head sawyer and other key men already have been engaged and Mr. Olsen expects to have a crew of about 25 men

lined up by the time sawing gets underway. Anticipated out at the present time will be about 30,000 feet per day, Olsen said.

Aside from some spruce going into airplane industry, the big bulk of the lumber milled at the local plant will go to fill government contracts with the Army. Demand at the present time is far greater than the supply.

Mr. Olsen will be in and out of Wrangell in connection with his various interests. He has his family residence in Seattle, and, incidentally, lives next door to Wrangell's Capt. Sid Barrington of Barrington Transportation Co.

September 12, 1968

Today the National Aeronautics and Space Administration presented its spacemobile program to the elementary and secondary grades of the Wrangell Public School. This program, under sponsorship of NASA, is presented on alternate years to schools throughout the United States. Included in the program are demonstrations and lectures on aeronautics and space demonstrations, as well as an outline of the various space projects, rockets, and satellites. From here the exhibit goes to Petersburg and then onto complete its tour of Southeast Alaska. Harold R. Bacon, a member of the American Institute of Biology Teachers

and now with NASA, will conduct the program.

September 16, 1993

Lezlie Murray of the Forest Service's Wrangell Ranger District of the Stikine Area has been selected as the Alaska Region Interpreter of the Year.

Lezlie has received local, national and international recognition for her interpretive accomplishments. For the past four summers, she has met cruise ships and ferries docking in Wrangell with a mobile information station she designed and built.

She received recognition from the Alaska Region and Washington office, as well as in Spanish and English editions of the book "Environmental Interpretations, a Practical Guide for People with Big Ideas and Small Budgets" by Sam Ham of the University of Idaho.

Lezlie also leads "Forest Ecology Walks" for cruise ship passengers, regularly serves as an interpreter for passengers on a jet boat in the Stikine-Leconte Wilderness, and presents forest ecology training programs for the teachers of Wrangell and Petersburg.

Lezlie will receive an engraved ulu and a cash award and will be the Alaska Region nominee for the National Interpreter of the Year.

Wrangell Weather

Date	High	Low
September 03	62	48
September 04	64	48
September 05	61	51
September 06	64	51
September 07	62	52
September 08	61	51
September 09	57	50
September 10	64	48

Daylight Hours

Date	Sunrise	Sunset	Daylight
Sept 13	6:13 am	7:14 pm	13:01h
Sept 14	6:15 am	7:11 pm	12:56h
Sept 15	6:17 am	7:08 pm	12:51h
Sept 16	6:19 am	7:06 pm	12:47h
Sept 17	6:21 am	7:03 pm	12:42h
Sept 18	6:23 am	7:00 pm	12:37h
Sept 19	6:25 am	6:58 pm	12:33h
Sept 20	6:27 am	6:55 pm	12:28h

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Candidate roundup for local election

MAYOR

There are two candidates seeking the position of mayor.

Carl Carlisle has been in Wrangell for about three years, he said, but has lived all around Alaska before then. Coming from a military background, he said that his main concerns for Wrangell are public safety, and simplification of the process of city government. His experience in the Navy, he explained, gave him some input on how to work efficiently. He also said he

wants to see Wrangell be better prepared in the event of a disaster.

"I would definitely be very focused on public safety and simplifying things," Carlisle said.

Stephen Prysunka has experience with city government and leading organizations, he said, having served on the borough assembly and as president of the SEAPA board. He said that, having been on the assembly, he has seen that the

mayor is only one vote out of seven. If elected, he wants to work with the rest of the assembly on several issues affecting Wrangell, such as healthcare, growing businesses in town, and tackling the "multi-headed hydra" of Wrangell's water needs.

"I've been in the community for 22 years," Prysunka said. "It's been an opportunity to see the community at low and high points ... It's a matter of leadership and experience."

The city and borough of Wrangell will be holding an election on Oct 2. There are several positions needing to be filled, and there are many people seeking to fill them with 13 people running for office. The Wrangell Sentinel has created a roundup of candidates to help better inform local voters.

BOROUGH ASSEMBLY

There is only one member of the community seeking a seat on the borough assembly.

David Powell is already a member of the assembly, and is seeking reelection. He is also pursuing a position on the school board in this elec-

tion. Powell said that he wants to be reelected to the assembly because of the numerous projects going on around the borough, such as renovations at Shoemaker Bay Harbor, SEARHC's taking over of the Wrangell Medical Center, and wants to

see more housing on the island. He said that he wants to stay on the assembly to help see everything to its completion.

He is also looking for a seat on the school board because he wants to help the school system recapture former glory. Powell said that Evergreen Elementary,

for example, used to be a "blue ribbon" school but it is not anymore. He wants to be a part of the school board to help raise standards in Wrangell and provide greater opportunities for the community's children.

"I've lived here all my life, I know everybody and every-

body knows me," Powell said. "If they want to talk to me, just about everybody has my cell phone. I want to listen to somebody's concerns. I think that's what made me a good assemblyperson, is that I listen to concerns and take them to the right people."

HOSPITAL BOARD

Olinda Chaffee-White is the sole candidate for a seat on the hospital board. An incumbent candidate, White served as the CFO for the hospital for 25 years before retiring about six years ago, and

has been on the board since then. She said that she wants to maintain some continuity on the board while the Wrangell Medical Center changes hands from the city to SEARHC.

"The hospital is very important to me and I feel, since I worked there 25 years, I know a lot about it," White said. "And I'd like to help in whatever manner I can."

PORT COMMISSION

There are two candidates running for seats on the port commission, Brian Merritt and John Martin.

Brian Merritt said he has been a commercial fisher-

man for about 35 years, so ports and harbors are an important aspect of his livelihood. Having travelled a lot for work, he said he has seen many different ports of varying quality, and wanted to

help try to make the ports around Wrangell the best they can be.

"I just wanted to give my input," Merritt said. "A history of being around the water gives me a good base to draw from."

John Martin is seeking his second term on the port commission, saying Wrangell is a good place to serve the community. He said he is seeking reelection because of various ongoing plans,

such as renovations to Shoemaker Bay Harbor and other maintenance projects. He said there is plenty going on to keep the port commission busy, and he wants to continue to help.

Police report

September 3, 2018

Found property: Rifle found in person's cabin. Title 47: Detox.

Citation issued: Krista Gillen, for dog at large.

September 4, 2018

Citation issued: Julio Cardona Jr, 57. No valid DL.

Agency assist.

September 5, 2018

Citation issued: Robert Hayes, 44. Failure to provide proof of insurance and verbal warning given for faulty equipment. Citation voided: Brought in proof of insurance.

September 6, 2018

Citation issued: Helen Decker, 17. Running bus red lights.

Agency assist: TSA. Drug items found.

Drug paraphernalia: Items found.

Verbal dispute: Officer spoke to individuals.

Citation issued: Alice Madden, 66. Failure to provide proof of insurance.

Traffic stop: Verbal warning for speed.

Citizen assist: Officer responded.

Agency assist: EMTs responded.

September 7, 2018

Concerned citizen.

Citizen report of DUI: UTL.

Theft: Gasoline.

Driving complaint.

Traffic stop: Verbal warning for lights being off.

Traffic stop: Verbal warning for faulty equipment.

September 8, 2018

Welfare check.

Citation issued: Daniel Devera, 54. Failure to provide proof of insurance.

Suspicious circumstance.

Traffic stop: Verbal warning for faulty equipment.

Verbal argument: Officers responded.

September 9, 2018

Courtesy transport.

Traffic stop: Verbal warning given for faulty equipment.

Paper service.

Citation issued: Tanner Thomassen, 23. Failure to provide proof of insurance and expired registration.

Citation issued: Candice Hunt, 32. Speeding.

Disorderly conduct/PTRP: Joe Franks, 53.

There were three ambulance calls and one dog complaint this week.

Court report

August 25 - Omar Magay

Sanchez pleaded guilty to driving under the influence of alcohol. He was sentenced to 30 days in jail, 27 days suspended. He will also pay fines totaling \$1,575. His license has been suspended 90 days, will be required to use an IID for 6 months, and will be on probation for a year.

of injury, and one count of Assault in the fourth degree: Reckless injury. She is sentenced to 30 days in jail and will be required to attend counseling. She will also be on probation until 2021. Probation was terminated for Larsen for violating her probation, after she was convicted of unlawful contact. She will be required to serve 30 days in jail. A second petition to revoke Larsen's probation for another case was dismissed.

September 10 - Michaela J. Larsen was found guilty of two counts of Assault 4: Cause fear

THE WALKER FOUNDATION

is accepting letters of inquiry for potential Grant consideration. Projects need to be health related projects in Wrangell.

Letters should include a brief description of the proposed project and cost.

PLEASE SUBMIT LETTERS TO:

WALKER FOUNDATION

ATTN: JESSICA WHITAKER

P.O. BOX 1231, WRANGELL, AK 99929

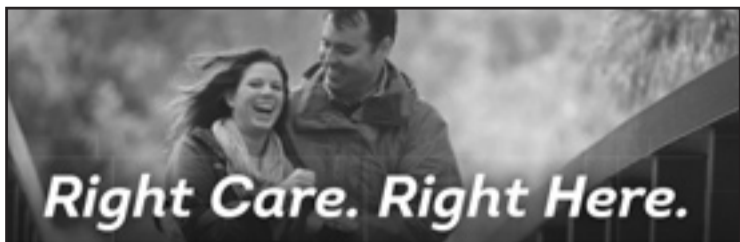
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jessicaw@searhc.org or 874-5000



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Good Samaritan thwarts burglary

By BRIAN VARELA
Sentinel writer

PETERSBURG - On Aug. 20, around 3 A.M., 21-year-old David Churchill of Wrangell broke into Harbor Bar with the intention of burglary, according to authorities.

He broke a window, entered the liquor store and attempted to steal bottles of liquor, said Police Chief Jim Kerr. A Good Samaritan who was a patron at the bar attempted to stop Churchill, but Churchill hit him over the head a few times with a bottle of alcohol, said Kerr. Churchill fled the scene, but was apprehended within minutes and arrested on charges of assault in the 2nd degree and 1st degree burglary, said Kerr.

The Good Samaritan suffered minor injuries.

Harbor Bar owner Curt Birchell declined to comment.

Obituary: Jim Haley, 60



Jim Haley

James P Haley, 60, of Wrangell, Alaska, passed away on Sept. 1, 2018 at Providence Hospital in Anchorage. He was born on July 22, 1958 in Pasadena, California, to the late Bernard and Marie Haley.

Jim graduated from Verdugo Hills High School, located in the Tujunga community of Los Angeles, in 1977. He was a self-employed contractor, but he came to Wrangell to visit his brother Jerry, and fell in love with Alaska. He worked at the Wrangell

Saw Mill until it closed in 1992 and recently retired from Evergreen Elementary School, where he was a custodian for over 22 years.

Jim's favorite thing was to go fishing. He invited all of his family and friends to Alaska, for the experience of a lifetime.

Jim is survived by his significant other of 26 years, Sandy Churchill, and three children: Lacey (Luke), Justin (Nicole), and Joel. He also has three grandchildren: Gavin, Syler, and Finley.

Jim is the youngest of a large family from California: Bill (Susan), Barney (Gail), sisters Lucanne (Fred), twins Laura and Patti (Corey), Mary (LeRoy), Nancy (Boomer), Rose (Dennis), and the late Jerry Haley. He also leaves behind many nieces, nephews, and friends.

A Celebration of Life will be held on Sept. 15, 2018 at 1:00 p.m. at the Elks Lodge, which he was a member of for 30 years. Please wear his favorite color green, or a tie-dye shirt. Following will be a quick interment service at the Crematorium Wall, officiated by Pastor Nettie Covalt. A taco bar will be open and the teachers of Wrangell School District and the Alaska Native Sisterhood Camp #1 will provide a coffee hour.



PHOTO BY CALEB VIERKANT/ WRANGELL SENTINEL

Shoemaker Renovations Begin

Work has begun on the renovations to Shoemaker Bay Harbor. According to Harbor Master Greg Meissner, the harbor will be back in business sometime next summer.

WHY

Some people wonder why I'm running for mayor in opposition to Steve Prysunka, when he has done good things for this community. And, I am a virtual unknown.

First off; I'm not opposed to a contributing citizen as Mr. Prysunka being in office. Rather, I feel that there are immediate issues that will be overlooked if I'm not mayor. Mr. Prysunka has shown that he has a heart for this community, and will most likely continue to give his best for Wrangell regardless of his political position.

Secondly; climate change is affecting our safety and economy. We need to stop wasting time trying to lay blame on whom or what has been causing the current trends in weather, and ADJUST.

Wrangell is located between two notable fires that occurred this past summer. One on Revillagigedo Island. And the other, a month long fire that caused the evacuation of Telegraph Creek.

What kind of chaos would ensue, if during a hot dry spell, a fast moving forest fire threatened Wrangell? Smoke and panic could cause traffic jams on the way towards the boat docks. The water around the harbors could become clogged with boats bumping into each other, creating additional hazards.

This is just one likely scenario. Environmental changes could trigger other unexpected events, like the landslides that occurred in Sitka. It is better to be over-prepared, instead of under-prepared.

The economy is the current environmental impact that most of us feel now. The fishing industry is hurting to the point of emergency status. This, of course, has a domino effect on other parts of Wrangell's economy; (the same as other coastal towns). Although we need to keep the fishing boats and fish processing plants around in hopes of better days ahead, we need food and jobs now.

A lot of people here are in debt, using credit cards to pay for groceries. Even worse is when people are forced to fight off hunger with cheap fillers that have little to no nutritional value. The variety of ailments that malnutrition causes leads to medical expenses and lost time at work. It's hard to do a good job when feeling run-down and weakened.

At the work session about the Roadless Rules, held by the Forest Service, I asked about the possibility of rezoning logged lands for farms and orchards. With the change in climate, many crops and trees can now thrive here. The grocery stores would also benefit by selling larger, fresher, locally grown items. Growing grains would lead to cheaper meat, poultry, milk, and eggs.

The Forest Service seems willing, and advised that the Department of Agriculture would need to be involved. So, it is possible that we can feed ourselves and stimulate the economy at the same time.

There are many other issues that I care about as well, but these need immediate attention.

Carl Carlisle,
Candidate for Mayor

Paid for by Carl Carlisle, PO Box 1677, Wrangell, Alaska

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Members of the Wrangell community who participated in the Walk/Run for Life 5K.



Rylan Shilts and Nicole Meissner also participated in the 5K with their skateboards.

Town walks for life

PHOTOS BY CALEB VIERKANT/
WRANGELL SENTINEL

Parks and Rec Department prepares for another season of youth basketball

By CALEB VIERKANT
Sentinel writer

The youth basketball program hosted by the Wrangell Parks and Recreation Department has been a part of the community for many years, according to Lucy Robinson, who played from fourth through sixth grade. She said

that the program is a good opportunity for children to get a good foundation on the basics of basketball while also having lots of fun.

The youth basketball program is open for kids from the second to the fifth grade. Robinson said that it is open to sixth graders, as long as they

are not on the middle school basketball team. Registration for the program closed last Monday, she said, and the season officially begins next week.

“Practice begins on the week of Sept. 17 and our first game, for some of the teams, is Sept. 25,” Robinson said. “It’s

a very quick season, it’s pretty short.”

According to the parks and recreation department’s website, the regular season runs until Oct. 16 and 18, when the end of season tournament is played. After that, Robinson added that the All Stars from the fourth and fifth grade teams will travel to Petersburg for a game on Nov. 10. All Stars from Petersburg will also

come to Wrangell on Nov. 17.

“We are really wanting to focus on basketball fundamentals,” Robinson said. “Mixing the skills and the drills with fun, keeping the kids engaged, yet slowing it down a little bit and focusing on the fundamentals of basketball, so they can learn a solid skill set and take that on. So that’s where we’re going with it.”

SAMPLE BALLOT FRONT

INSTRUCTIONS TO VOTER: To vote for the issue/candidate of your choice, fill in the oval next to the issue/candidate you want to vote for. Place your ballot inside the secrecy sleeve and then take your ballot to the ballot box.

If you make a mistake while voting, return the ballot to the election official for a new one. A vote which has been erased or changed will not be counted.

CITY AND BOROUGH OF WRANGELL
OFFICIAL BALLOT
REGULAR ELECTION
OCTOBER 2, 2018

Completely fill in the oval opposite the name of each candidate for which you wish to vote as shown: ●

FOR BOROUGH MAYOR
TWO YEAR TERM

VOTE FOR NO MORE THAN ONE

Carl Carlisle
Stephen Prysunka

FOR ASSEMBLY MEMBER
THREE YEAR TERM

VOTE FOR NO MORE THAN TWO

David Powell

FOR PORT COMMISSION
THREE YEAR TERM

VOTE FOR NO MORE THAN TWO

Brian Merritt
John M. Martin

FOR SCHOOL BOARD
THREE YEAR TERM

VOTE FOR NO MORE THAN TWO

Aaron Angerman
Brian Ashton
Jennifer Bates
Karey Losinski
Aleisha Mollen

FOR SCHOOL BOARD
UNEXPIRED TERM
UNTIL OCTOBER 2019

VOTE FOR NO MORE THAN ONE

Annya Ritchie
David Powell
Leeann Martin

FOR HOSPITAL BOARD
FOUR YEAR TERM

VOTE FOR NO MORE THAN TWO

Olinda L. Chaffee-White

FOR HOSPITAL BOARD
UNEXPIRED TERM
UNTIL OCTOBER 2019

VOTE FOR NO MORE THAN ONE

TURN BALLOT OVER - VOTE BOTH SIDES
PROPOSITION NO. 1 ON BACK

FRONT Card 1 SEQ# 1

Published: September 13, 20 and 27, 2018

NEW HOSPITAL DESIGN UPDATE COMMUNITY PRESENTATION

Design of the new hospital is well under way.

Please join Wrangell Medical Center, SEARHC and the City & Borough of Wrangell for a presentation by WOLD Architects

**Monday, September 17, 2018
6:30p at the Nolan Center**

WOLD is the architecture firm hired by SEARHC to design the new critical access hospital and long term care facility. Josh Ripplinger from WOLD will be here to provide an update to the community on the design process and the most current iteration of the design.

The community is encouraged to attend.



CITY AND BOROUGH OF WRANGELL JOB BULLETIN

Facilities Maintenance Specialist Lead
Capital Facilities Department

The City and Borough of Wrangell is recruiting for a Facilities Maintenance Specialist Lead. This is a full-time, benefited position, paid at Grade 23 ranging from \$28.55 - \$36.00 per hour. This position is part of the IBEW collective bargaining agreement.

The Facilities Maintenance Specialist Lead is a supervisory position responsible for the day-to-day maintenance of all Borough-owned facilities. Applicants must meet the qualifications of the position listed in the job description. The full job description and employment application can be found online at www.wrangell.com/jobs.

To be considered, a cover letter, resume, and a completed employment application must be submitted to Aleisha Mollen either by e-mail to amollen@wrangell.com, in person to City Hall, 205 Brueger St., Wrangell, or by postal mail to PO Box 531, Wrangell, Alaska 99929. Applications will be accepted until end of business October 12, 2018.

The City and Borough of Wrangell is an Equal Opportunity Employer.

Lisa Von Bargaen
Wrangell Borough Manager

Published: September 13, 20, 27 and October 4, 2018

Classified/Legals

TRUST LAND OFFICE'S 2018 FALL LAND SALE AUCTION HAS LAUNCHED



Parcels available are as far south as KETCHIKAN and as far north as CHENA HOT SPRINGS/FOX.

Inquire at (907) 269-8658 or visit alaskamentalhealthtrust.org

City and Borough of Wrangell, Alaska Wrangell Planning and Zoning Commission Amended Public Hearing Notice

THE WRANGELL PLANNING AND ZONING COMMISSION'S REGULAR MEETING WILL BE HELD THURSDAY SEPTEMBER 13, 2018 AT 7:00PM AT CITY HALL. THE FOLLOWING PUBLIC HEARINGS WILL BE HELD AT THE MEETING:

1. A preliminary plat of the W.M.C. Subdivision, the replat of lots 1 and 10, Block 54, Wrangell Townsite, according to Plat No. 68-81, and Tract "B", supplemental plat of Wrangell Townsite, USS 1119, according to Plat No. 68-129, and portion of Lot 1, portion of Lot 2, and Lots 9 and 10, Block 54, Townsite, USS 1119, creating Lot A, Block 54, W.M.C. Subdivision, Wrangell Recording District, First Judicial District, State of Alaska; and requesting vacation of an alleyway and portion of a scenic strip adjacent to these lots within Block 54, zoned Open Space/Public, requested by the City and Borough of Wrangell.
2. A preliminary plat of Health Care Subdivision III, a replat of Lots B-1, B-2 and B-3, Health Care Subdivision II, and Lot A, Health Care Subdivision, creating Lots 1,2,3 and 4, Health Care Subdivision III; and requesting vacation of unused floating easements within these lots, zoned Open Space/Public, requested by the City and Borough of Wrangell.

Supporting materials are on file at City Hall. The full agenda packet will be available online at least two days before the meeting at www.wrangell.com. The meeting is open to the public. Testimony may be made in writing or at the meeting
Published: September 13, 2018

CITY & BOROUGH OF WRANGELL PUBLIC HEARING NOTICE

The Borough Assembly will hold a public hearing, on **Tuesday, September 25, 2018** in the Borough Assembly Chambers on the following requests to vacate an alleyway (11a) and to vacate unused floating easements (11b).

- 11a A preliminary plat of the W.M.C. Subdivision, the replat of lots 1 and 10, Block 54, Wrangell Townsite, according to Plat No. 68-81, and Tract "B", supplemental plat of Wrangell Townsite, USS 1119, according to Plat No. 68-129, and portion of Lot 1, portion of Lot 2, and Lots 9 and 10, Block 54, Townsite, USS 1119, creating Lot A, Block 54, W.M.C. Subdivision, Wrangell Recording District, First Judicial District, State of Alaska; and requesting vacation of an alleyway and portion of a scenic strip adjacent to these lots within Block 54, zoned Open Space/Public, requested by the City and Borough of Wrangell
- 11b A preliminary plat of Health Care Subdivision III, a replat of Lots B-1, B- 2 and B-3, Health Care Subdivision II, and Lot A, Health Care Subdivision, creating Lots 1,2,3 and 4, Health Care Subdivision III; and requesting vacation of unused floating easements within these lots, zoned Open Space/Public, requested by the City and Borough of Wrangell


Written and oral testimony will be taken at that time. Written testimony can also be submitted to Mayor David L. Jack and the Borough Assembly, P.O. Box 531, Wrangell, AK 99929, or dropped off at the Borough Clerk's Office at 205 Brueger Street, Wrangell, AK, on or before the public hearing date, or submitted by email to Borough Clerk at clerk@wrangell.com.

The Public Hearing process has changed by Assembly Action, (Ordinance 937) so that the hearing will take place during the Assembly Meeting under "PUBLIC HEARING" (item 11), on the Assembly's Agenda.
Published: September 13 and 20, 2018

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IFQ'S AND FISHING PERMITS, Alaskan Quota and Permits LLC, 907-772-4000, 1-888-347-4437.....tfn1-3b15

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deadline is
Tuesday at
noon**

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**Email:
wrgsent@gmail.com**

PUBLIC NOTICE



For the upcoming City and Borough of Wrangell Regular Election of October 2, 2018, the following ordinance applies:

2.16.030 Write-in Candidates and Write-in Votes.

Individuals who fail to file a declaration of candidacy but wish to run for office as a write-in candidate, must file with the borough clerk, a letter of intent no later than five p.m. on the Friday preceding the election (September 28, 2018) in which the candidate plans to participate.

Write-in votes cast for individuals **who do not file a letter of intent will not be counted.**

In order to vote for a write-in candidate, the voter must, in space provided, write in the candidate's name as the candidate's name appears on the letter of intent filed with the borough clerk. In addition, the voter must mark the oval opposite the candidate's name.

Stickers shall not be used.

Kim Lane, MMC, Borough Clerk
City and Borough of Wrangell, Alaska

Publish: August 30, September 6, 13, 20 and 27, 2018

NOTICE

FOR ABSENTEE VOTING THAT BEGINS MONDAY, SEPTEMBER 17, 2018 DURING BUSINESS HOURS FROM 9:00 AM TO 4:00 PM MONDAY THROUGH FRIDAY AT THE CITY HALL



FOR THE OCTOBER 2, 2018 REGULAR ELECTION QUALIFIED VOTERS MAY VOTE AN ABSENTEE BALLOT UNTIL 4:00 P.M., Monday, OCTOBER 1, 2018

For those voters who cannot VOTE ABSENTEE IN PERSON, you may submit an application to have your ballot mailed or faxed to you beginning Monday, September 3, 2018, at 9:00 am to 4:00 pm. Please stop by the Borough's Clerks Office to apply.

Kim Lane, MMC, Borough Clerk
City & Borough of Wrangell, Alaska

Publish: August 23, 30, September 6, 13, 20 and 27, 2018

SAMPLE BALLOT BACK

INSTRUCTIONS TO VOTER: To vote for the issue/candidate of your choice, **fill in the oval next to the issue/candidate you want to vote for.** Place your ballot inside the secrecy sleeve and then take your ballot to the ballot box.

If you make a mistake while voting, return the ballot to the election official for a new one.
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PROPOSITION 1

Ratification of Ordinance 948

Section 5-14 of the Borough Charter and Section 5.10.035.A of the Wrangell Municipal Code require that any ordinance which provides for "the sale or lease of any Borough property, real or personal, or the sale or lease or other disposal of any interest therein, the value of which property, lease or interest is more than \$1 Million," be ratified by a majority of voters who vote on the question. Ordinance 948, enacted by the Assembly on August 28, 2018, provides authority to the Mayor to enter into an agreement (including a lease and a deed amendment) with Southeast Alaska Regional Health Consortium (SEARHC) to lease the Wrangell Medical Center and operate it for approximately four years and to build a new hospital adjacent to the AICS Clinic, on the AICS Clinic property and adjacent property conveyed to SEARHC by the Borough. The value of the entire transaction is approximately \$1.618 Million. Shall Ordinance 948 be ratified?

Yes

No

BACK Card 1 SEQ# 1

Published: September 13, 20 and 27, 2018

Alaska Fish Factor

By LAINE WELCH
Fisheries columnist

The connection of omega rich seafood to brain health a trending topic at State of the Science Symposium

More Gov goings on -While he was in Kodiak Governor Walker also signed a bill (HB 56) sponsored by Ketchikan Representative Dan Ortiz that expands the state Revolving Loan Fund to create new financing options for fishing and mariculture businesses. He also re-established the Alaska Mariculture Task Force as an advisory body with a goal of growing a \$100 million mariculture industry in 20 years.

"The fiscal crisis is on the wane. It should never have happened in the first place and we should never be in that position again. Now we can get back to building Alaska," Walker said in an interview.

In terms of Alaska's seafood

industry, he said the biggest challenges stem from "unpredictability."

"We have seasonal highs and lows, problems with returns. It is very difficult for businesses to plan. One of our jobs is to make sure we provide the best data going forward as quickly as possible, so people and communities whose livelihoods depend on fishing have the assurance of a more stable future," Walker said.

The governor said our seas are "under assault" from a warming climate and off kilter ocean chemistry. That was the impetus, he said, for forming a climate change action committee which is scheduled to introduce recommendations next

month that will build upon past policy initiatives and encourage new ideas.

During a town meeting several Kodiakans commented that Alaska lawmakers by and large "skim over" the economic, social and cultural importance of the seafood industry.

"It's all about attitude," Walker said. "Commercial fishing was Alaska's first industry and it drove the push to statehood. We will make sure our fish benefit Alaska and coastal communities. We will show up and be engaged."

Halibut shifts - Some big shifts were quietly made last week to the panel that oversees the Pacific halibut stocks, including the addition of a first ever sportfish seat.

Both the U.S. and Canada named "relative newcomers" as commissioners to seats on the International Pacific Halibut Commission "during extremely sensitive negotiations on policy issues," said Peggy Parker, director of the Halibut Association of North America and editor at seafoodnews.com.

The changes to the panel of three Canadian and three U.S.

seats came after a rare impasse in determining halibut catch limits for the 2018 season. In the end, all six agreed to lower limits for both countries, but not as a commission. It was the second time in the IPHC's 94-year history that an impasse could not be overcome, Parker said. The commissioners also agreed to negotiate a resolution to their disagreements, which center on halibut distribution and by-catch accountability, before the annual meeting in January.

For the U.S. seats, NOAA Fisheries announced the reappointment of Bob Alverson, director of the Fishing Vessel Owners Association. Also, sport charter operator Richard Yamada, president of the Alaska Charter Association, replaced Linda Behnken, director of Sitka-based Alaska Longline Fishermen's Association and a halibut commissioner for two years.

Yamada is owner of Shelter Lodge near Juneau and has been involved in the charter fishing industry for nearly 40 years. He currently serves on state and federal fisheries advisory committees. Both men were appointed for five months, from September 1 to January 31, 2019.

Jim Balsiger, NOAA Fisheries Alaska manager who has represented the U.S. for nearly two decades, was reappointed through September, "but may be replaced after that, according to several people familiar with the process," Parker said.

Both Chris Oliver, current head of NOAA Fisheries, and Doug Mecum, deputy regional manager at the fisheries service Juneau office, have been mentioned as possible replacements.

Eat more fish leaves babies behind - Seafood nutrition experts are gathering in the nation's capital next week for a State of the Science Symposium. The non-profit Seafood Nutrition Partnership (SNP) hosts the annual event as part of a public health campaign begun in 2015 aimed at getting Americans to eat more seafood.

The connection of omega rich seafood to brain health is a trending topic, according to the agenda.

"The brain and the retina in the eye are omega 3 organs. As calcium is to the bones, omega 3 is to the brain," said Dr. Tom Brenna, professor of pediatrics and nutrition at Dell Medical School at the University of Texas/Austin and chair of the SNP advisory council.

Added to the symposium mix this year, Brenna said, are fisheries managers, aquaculture experts and environmental groups.

"And we guys on the medical nutrition side are thrilled," Brenna said in a phone interview. "There is so much misinformation out there about the state of fisheries and management. Having folks who can speak authoritatively about what folks are doing in U.S. fisheries and around the world is extraordinarily valuable and something we don't get in any other forums."

The Partnership works with local dieticians and uses educational programs and social media to get its health messages across. Brenna said have yet to come up with a catchy national brand.

"We don't have a good way of getting across the notion that seafood is such a delicious part of meals. Maybe we should have a contest to find a nice tag line that would identify seafood in the same way as 'Got Milk?' or 'Beef, it's what's for dinner,'" he said.

A focus of the Seafood Nutrition Partnership is moms, but Brenna admitted that fish is missing from America's baby food offerings.

"To be perfectly honest, I don't know what the problem is," he said. "It seems like it's a consumer demand question - companies sell what the consumers demand and apparently, we have not done a good job in educating consumers about what they ought to be demanding for their kids."

"In nutrition circles, for 30 years we have been discussing that when we transition a baby or toddler from breast milk or formula that contains omega 3s, they are transitioning to foods that have hardly any omega threes at all. And no fish," Brenna added. "We should be weaning kids to the foods that are going to be important throughout their lives. And this may be a reason why they are not consuming seafood when they get older. Maybe this is something that we can work on with baby food manufacturers."

The seafood nutrition science symposium is set for Friday, Sept. 14 in Washington, DC. Audio and video will be available after the event.

PUBLIC NOTICE

Transfer of Ownership

Benjamin's Store, Inc. dba Bob's IGA, located at 223 Brueger Street, Wrangell, Alaska 99929, is applying for transfer of a Package Store AS 04.11.150 liquor license to **Wrangell IGA Inc. dba Wrangell Liquor Store**.

Interested persons should submit written comment to their local governing body, the applicant and to the Alcoholic Beverage Control Board at 550 West 7th Avenue, Suite 1600, Anchorage, Alaska 99501.

Published: August 30, September 6 and 13, 2018

CITY AND BOROUGH OF WRANGELL, ALASKA NOTICE OF REGULAR ELECTION

NOTICE IS HEREBY GIVEN that on the 2nd day of October 2018, there will be held in the City and Borough of Wrangell, Alaska, a Regular Election for the purpose of voting on the following City Offices and Proposition.

Mayor:	One - (2 Year Term)
Assembly:	Two - (3 Year Terms)
Port Commission:	Two - (3 Year Terms)
School Board:	Two - (3 Year Terms)
School Board	One - (1 Year <i>Unexpired</i> Term until 10-2019)
Hospital Board:	Two - (4 Year Terms)
Hospital Board:	One - (1 Year <i>Unexpired</i> Term until 2019)



PROPOSITION NO. 1

Ratification of Ordinance 948

Section 5-14 of the Borough Charter and Section 5.10.035.A of the Wrangell Municipal Code require that any ordinance which provides for "the sale or lease of any Borough property, real or personal, or the sale or lease or other disposal of any interest therein, the value of which property, lease or interest is more than \$1 Million," be ratified by a majority of voters who vote on the question. Ordinance 948, enacted by the Assembly on August 28, 2018, provides authority to the Mayor to enter into an agreement (including a lease and a deed amendment) with Southeast Alaska Regional Health Consortium (SEARHC) to lease the Wrangell Medical Center and operate it for approximately four years and to build a new hospital adjacent to the AICS Clinic, on the AICS Clinic property and adjacent property conveyed to SEARHC by the Borough. The value of the entire transaction is approximately \$1.618 Million. Shall Ordinance 948 be ratified?

Yes

No

The polls for said election will be open at 8:00 a.m. on the said day and will close at 8:00 p.m. on the same day.

Each voter must have the qualifications prescribed by state law. A qualified voter shall vote only once per election and shall exercise that right at the polling place established in the designated **Wrangell Precinct (James & Elsie Nolan Museum/Civic Center)** and in which he/she resides within the borough boundaries of the City and Borough of Wrangell.

Kim Lane, MMC, Borough Clerk
City and Borough of Wrangell, Alaska

Publish: August 23, 30, September 6, 13, 20 and 27, 2018

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Darian Gerald

Continued from page 1

lem with eating soon after. Gerald's team also began to keep tabs on her, constantly asking if she had eaten. She said that the team did this at the request of her parents, she later learned, to try and help her. While she is grateful for it now, she said that it infuriated her back then and made her lose some sense of control in her life.

"That lack of control actually brought me down deeper, and eventually I slipped into a darkness, and that's the only way to describe it," Gerald said. "It consumed me, I couldn't think straight, I didn't really know what I was doing. It brought up issues I didn't even know actually bothered me."

Gerald sank deeper into this darkness until, she said, she hit rock bottom and began to contemplate suicide. However, she reached out to her mother for help at this low point, and she made Gerald promise not to attempt suicide. That promise, Gerald said, kept her going and she began to seek treatment.

"Mom told Dad, and we went to the doctor," she said. "They put me on medication and they arranged for me to go to counseling ... and I was also diagnosed with depression and anxiety disorder that day."

At first, Gerald said she was embarrassed about going to therapy. It was something she was ashamed of and did not want others to know about. The counselors at SEARHC, however, worked hard with Gerald to keep things as discreet as possible and helped change her mind about therapy being something to be embarrassed about. The therapy and medications helped a lot, she said. After about a year, Gerald stopped going to counseling and stopped her medication for the rest of her time at high school.

However, this was not the end of things for Gerald. She said that mental health is something she works hard on every day. Gerald also said that she cannot play sports anymore because of her anxiety. Recently, she was asked to participate in an alumni sporting event and this brought on what she described as a major panic attack. This led to her seeking counseling again, and she was recently diagnosed with OCD.

"I deal with my anxiety disorder every single day in many



PHOTO BY CALEB VIERKANT/ WRANGELL SENTINEL

First day of school at Head Start

Head Start preschool opened its doors Tuesday morning for its first day of school this year. According to Donna McKay, who has worked at Head Start for about 29 years, the school has 10 new students. Here, McKay can be seen teaching the class a song.

different ways," Gerald said. "I work really hard on it. I'm not good with crowds; actually people who really know me know I'm not good with any more than about four or five people in the room at one time. I've had to prepare for this talk for many months, mentally, to even be able to stand up here with a crowd this huge."

Before concluding her talk, Gerald said that there were four things she wanted people to take away. One, people should discard their stereotypes surrounding mental health and suicide. Two, people should be mindful about what they say, as many people around them can be silently struggling. Three, be there to offer help and support for others. Finally, do not be afraid to seek help.

"I know it can be really hard to see a future, I 100 percent didn't see a future, whatsoever, for myself," Gerald said. "Find someone you trust. My mom was there at the time and she was someone I trusted, and I confided in her. Out of everyone that I mentioned that has helped me along my journey, the one and most important

person in this story is me. I'm the one who asked for help and thankfully had the support to

help me get to a healthy spot. But I am the one who works every day to learn the tools, and

better myself, and try to hold onto the reins of what's going on."

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